

REGISTRATION INFORMATION

There is a \$55 fee for Christiana Care Health System (CCHS) employees (\$75 “day of” registration, if seating permits), \$75 fee for non-CCHS employees (\$95 “day of” registration, if seating permits), \$35 for Emeritus physicians and non-CCHS students. Free for CCHS residents, fellows and students to attend.

To register online go to:

<https://CCHS.cloud-cme.com/cardiology2014>

Registration by mail: Make check payable to: *Christiana Care Health System*. Indicate *Cardiology 2014* in the subject line. Mail to: Christiana Care Health System Continuing Medical Education, 4735 Ogletown-Stanton Road, MAP 2 Suite 2112, Newark, DE 19713.

Pre-registration required. Responses are required no later than Friday, February 21, 2014.

Questions: Call Robin Pugh at 302-623-3882.

Registrations are not confirmed until full payment has been received.

Exhibitor tables will be accessible at 7:30 a.m.

ACCOMMODATIONS

There are several hotels near the John H. Ammon Medical Education Center, ranging from family/economy accommodations to an upscale/corporate inn.

Courtyard by Marriott, Newark	302-456-3800
Days Inn, Newark	302-368-2400
Econo-Lodge, Newark	302-453-9100
Fairfield Inn by Marriott, Newark	302-292-1500
Comfort Inn & Suites, Newark	302-737-3900
Hilton Estate, Christiana	302-454-1500
Hotel du Pont, Wilmington	800-441-9019
The Inn at Montchanin, Wilmington	302-888-2133
Red Roof Inn, Newark	302-292-2870
Sheraton Suites, Wilmington	302-654-8300
Sheraton, Wilmington South	302-328-6200

DIRECTIONS

The John H. Ammon Medical Education Center is located on the Christiana Hospital Campus, 4755 Ogletown-Stanton Road, Newark, DE 19718.

From I-95, southbound:

- Take Exit 4B onto Route 58 west (Churchmans Road).
- Follow Route 58 one mile.
- Turn left at the light to enter the Christiana Hospital campus.
- The John H. Ammon Medical Education Center is adjacent to the Center for Heart & Vascular Health.

From I-95, northbound:

- Take Exit 4B onto Route 7/Route 1 north.
- Take Exit 166 onto Route 58 west (Churchmans Road).
- Follow Route 58 for six-tenths of a mile.
- Turn left at the light to enter the Christiana Hospital campus.
- The John H. Ammon Medical Education Center is adjacent to the Center for Heart & Vascular Health.



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Christiana Care
Cardiology Consultants

25th Annual
**Update in
Cardiology**

Saturday, March 1, 2014

7:55 a.m. – 4 p.m.

Registration begins at 7:30 a.m.

John H. Ammon
Medical Education Center
Christiana Hospital Campus

OVERVIEW

This innovative and provocative presentation will examine many long held practices in the management of diseases of the heart and circulatory system. Directed at both primary care physicians, as well as specialists in cardiac care, a nationally recognized faculty will address controversial issues and long held paradigms as well as practical issues across the broad spectrum of cardiology.

TARGET AUDIENCE

This symposium has been designed to provide physicians, physician assistants, nurse practitioners, nurses and other health care professionals current data regarding management and treatment of cardiovascular disease.

LEARNER OBJECTIVES

At the conclusion of this activity, participants will be able to:

- 1) List appropriate indications for cardiac rehabilitation.
- 2) Evaluate and manage statin intolerant patients.
- 3) Explain evidence-based practice regarding the interruption of anticoagulants prior to procedures.
- 4) Implement risk management strategies to avoid and reduce medical malpractice liability.
- 5) Maximize efficacy and minimize complications in long-term anticoagulation therapy.
- 6) Define best practices in the treatment of pulmonary arterial hypertension.
- 7) Describe indications for renal vein ablation as an effective treatment for hypertension.

Agenda

MARCH 1, 2014

- 7:30 a.m. REGISTRATION**
- 7:55 a.m. Introduction**
Timothy J. Gardner, M.D.
- 8:00 a.m. Should we all be on a “Mediterranean” diet? Evidence-based answers.**
William Weintraub, M.D.
- 8:20 a.m. Resistant hypertension. What to use as the third or fourth drug?**
Avinash Chandra, M.D.
- 8:40 a.m. Cardiac Rehabilitation improves mortality after CABG, even PCI. Why don’t we use it more?**
Nanette Wenger, M.D.
- 9:10 a.m. Cardiac risks of, and the explosion of, testosterone supplementation for “Low T.” Haven’t we been down this road before with estrogen supplementation?**
Robin Horn, M.D.
- 9:30 a.m. BREAK**
- 9:50 a.m. Statins. So good for all, so hard to tolerate for some. How to manage the latter.**
Robert Rosenson, M.D.
- 10:10 a.m. New anticoagulants. They all look good; how to choose?**
Michael Stillabower, M.D.
- 10:40 a.m. Clinical vignette: New statin guidelines. How they affect your patient.**
Andrew J. Doorey, M.D.

- 11:00 a.m.** **Pulmonary Arterial Hypertension: New concepts in pathobiology and treatment.**
Joseph Loscalzo, M.D., Ph.D.
- 11:30 a.m.** **PANEL DISCUSSION**
- 12:00 p.m.** **LUNCH**
- 1:00 p.m.** **Renal vein ablation. Too good to be true as a hypertension treatment?**
Sandra Weiss, M.D.
- 1:20 p.m.** **DEBATE: Guidelines be damned, aspirin should be eliminated as a stroke prophylaxis tool in atrial fibrillation.**
Moderator: Andrew J. Doorey, M.D.
Pro: Peter Kowey, M.D.
Con: Roger Kerzner, M.D.
- 2:20 p.m.** **Genomics. Hard to understand, but now part of everyday cardiovascular practice. A Primer.**
Zohra Ali-Khan Catts, MS, ICGC
- 2:40 p.m.** **Clinical Vignette: Non-smokers harmed by smokers. The amazing story of public smoking bans.**
Henry L. Weiner, M.D.
- 3:00 p.m.** **Medical Malpractice. How your actions may put a bullseye on your practice, especially with EHRs.**
Bartholomew J. Dalton, Esq.
- 3:30 p.m.** **PANEL DISCUSSION/Evaluations**

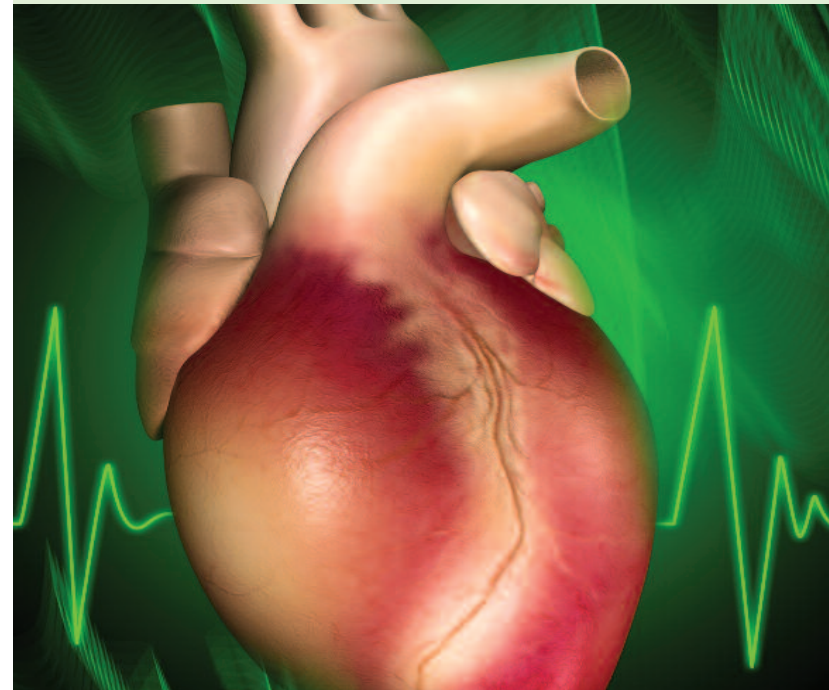
PLANNING COMMITTEE

Andrew J. Doorey, M.D. – Program Chair

Timothy J. Gardner, M.D. – Medical Director, Center for Heart & Vascular Health, Christiana Care Health System; Adjunct Professor of Surgery, University of Pennsylvania School of Medicine; Professor of Surgery, Jefferson Medical College, Philadelphia, PA

Michael P. Rosenthal, M.D. – Chair, Department of Family and Community Medicine, Christiana Care Health System; Professor of Family and Community Medicine, Jefferson Medical College, Thomas Jefferson University, Philadelphia, PA

Carol Pashman, MS, BSN, RN – Director, Continuing Physician Professional Development/CME, Christiana Care Health System



LOCAL SPEAKERS

Zohra Ali-Khan Catts, MS, LCGC – Director, Christiana Care Cancer Genetic Counseling, Helen F. Graham Cancer Center & Research Institute, Newark, DE

Avinash Chandra, M.D. – Attending Cardiologist, Christiana Care Cardiology Consultants, Christiana Care Health System, Newark, DE

Andrew J. Doorey, M.D., Program Director – Clinical Cardiologist, Christiana Care Cardiology Consultants, Christiana Care Health System, Newark, DE, Clinical Professor of Medicine, Cardiology, Jefferson Medical College of Thomas Jefferson University, Philadelphia, PA

Robin Horn, M.D. – Clinical Cardiologist, Christiana Care Cardiology Consultants, Christiana Care Health System, Newark, DE

Roger Kerzner, M.D. – Director, Electrophysiology Research, Christiana Care Health System; Clinical Cardiologist, Christiana Care Cardiology Consultants, Newark, DE

Michael Stillabower, M.D. – Medical Director, Cardiology Research, Christiana Care Health System and Christiana Care Cardiology Consultants, Newark, DE

Henry L. Weiner, M.D. – Clinical Assistant Professor of Medicine, Cardiology, Jefferson Medical College of Thomas Jefferson University, Philadelphia, PA; Medical Director, Christiana Care Cardiology Consultants; Associate Chief of Cardiology for Quality Measures, Christiana Care Health System, Newark, DE

William Weintraub, M.D. – John H. Ammon Chair of Cardiology, Cardiology Section Chief; Director, Christiana Care Center for Outcomes Research, Christiana Care Health System; Professor of Health Sciences (adjunct), University of Delaware, Newark, DE; Professor of Medicine, Jefferson University, Philadelphia, PA

Sandra Weiss, M.D. – Clinical Cardiologist, Christiana Care Cardiology Consultants and Christiana Care Health System, Newark, DE

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of MEDICUSCME and Christiana Care Health System. MEDICUSCME is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION

MEDICUSCME designates this live activity for a maximum of 6.75 *AMA PRA Category 1 credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

STATEMENT OF DISCLOSURE AND INDEPENDENCE

It is the policy of MEDICUSCME to ensure all its sponsored educational activities are planned, developed, and conducted in accordance with the ACCME's Essential Areas and Policies. In accordance with these requirements, MEDICUSCME has Conflict of Interest and Disclosure Policies that are designed to ensure that all sponsored educational activities are fair, balanced and evidence-based.

GUEST SPEAKERS

Bartholomew J. Dalton, Esq. – Partner, Dalton and Associates, Wilmington, DE

Peter Kowey, M.D. – Professor of Medicine & Clinical Pharmacology, Jefferson Medical College, Thomas Jefferson University, Philadelphia, PA; William Wikoff Smith Chair in Cardiovascular Research; System Division Chief, Cardiovascular Disease, Main Line Health, Paoli, PA

Joseph Loscalzo, M.D. Ph. D. – Chair, Department of Medicine, Brigham and Women's Hospital, Boston, MA; Hersey Professor of the Theory and Practice of Medicine, Harvard Medical School, Boston, MA

Robert Rosenson, M.D. – Professor of Medicine, Mount Sinai School of Medicine, New York, NY; Director, Cardiometabolic Disorders, Mount Sinai Heart, New York, NY

Nanette Wenger, M.D., MACC, MACP, FAHA – Professor of Medicine (Cardiology) Emeritus, Emory University School of Medicine, Consultant, Emory Heart and Vascular Center, Atlanta, GA