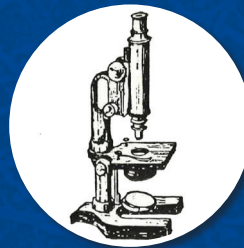


DELAWARE ACADEMY of MEDICINE

*...to enhance the well-being of the community through
education and the promotion of public health*

Year in Review 2014



2014 went by in “a flash” and was as gratifying a year as the leadership and staff of the Delaware Academy of Medicine could possibly have hoped for. There were so many accomplishments, large and small, and so many new opportunities that came to light across the course of the year. Let us list a few of them here:

The Inaugural Delaware Military Medicine Symposium broke new, important ground for us as an institution. We honored those who learned and served in the armed forces, and learned about the important advances that have been made “on the front lines” and brought back and applied to the care of our war wounded, and to the general civilian population.

Our 84th Annual Meeting was, by all accounts, the best attended, and one of the most moving events we have ever had. Bob Woodruff was an exceptional speaker, and reminded us of the incredible power of medical advances and the strength of the human spirit.

Our continuing partnership with Christiana Care Health System around several programs continues to be vibrant and important. These programs include our Delaware Mini Medical School, the Christiana Care Med/Peds Global Health Residency Program monthly lecture series, and the Ethics After Work Series.

The Gail P. Gill Consumer Health Library saw over 2,000 patrons seeking health and medical information during 2014, and our relationship with Penn BioMed is on-going with Academy of Medicine staff supporting their research library in Philadelphia.

In the second year of a contract with the Division of Public Health, as part of a team, we helped drive early childhood developmental screening numbers in the First State to record levels so high that they are the best in the United States.

The Delaware Public Health Association took wings, and now has a fully functioning advisory council led by Omar Khan, MD, MHS. The council is comprised of experts in the field in Delaware - both seasoned public health professionals and those with a next-generation vision and enthusiasm.

We welcomed the Delaware Academy of Physician Assistants into our office suite, to join our other partners - Delaware Nurses Association, Delaware Chapter of the American College of Surgeons, and the Delaware Academy of Family Physicians.

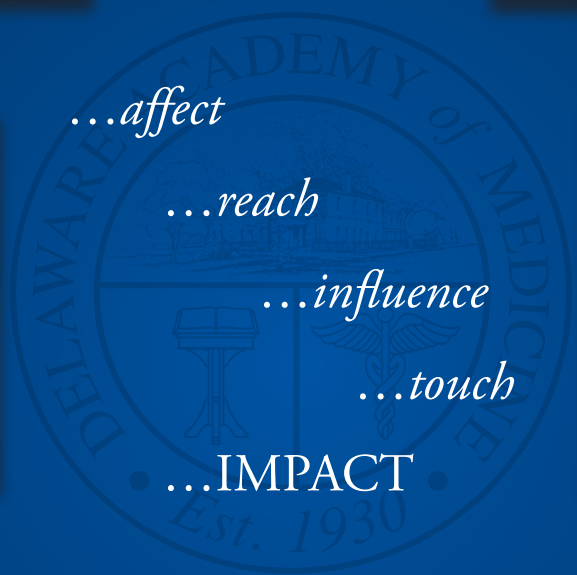
We held the Katherine L. Esterly, MD, Childhood Development Conference in Sussex County, and lecture in New Castle County late in the year. Dr. Esterly attended both, and wowed the attendees with her welcoming comments. Only weeks later Dr. Esterly passed away, and her legacy will live on in the Academy of Medicine through an annual lectureship.

Another loss to our community was the passing of Dr. Robert Hoopes. In the first weeks of 2015 we held the new, combined Hoopes Medical-Dental Lecture honoring both father and son. The Hoopes Family was in attendance, and we predict this event will grow substantially for its next iteration in 2016.

There are so many other projects regarding End of Life issues, our history and archives collection and its continued development - but there is not enough room here to review them all. It is because of our members, their contributions, their vision, and their support that we do what we do in pursuit of our mission “To Enhance the Well-Being of Our Community Through Education and the Promotion of Public Health.”

~Arun V. Malhotra, M.D.
President of the Board

~Timothy E. Gibbs, M.P.H.
Executive Director



Delaware Mini-Medical School



As new developments in medicine, health information, and technology continue to change the landscape of healthcare, the need for consumers to have access to accurate and reliable medical information continues to be a priority.

Delaware Mini-Medical School, in a joint-sponsorship with Christiana Care Health System, maintains our commitment to educating the public by sharing the expertise of local professionals in medicine and health.

Now in its eighth year, Delaware Mini Medical School welcomes members of the community from high school students to adult learners of all ages. Each two-hour session follows a lecture format, and the opportunity for questions and answers is allotted. Mini Medical School provides the public with in-depth information on important issues and advances in medicine and research.

In 2014, each lecture attracted between 150 and 200 participants, some seeking guidance in career choices, others looking to make positive changes to improve their own health, and still others just wanting to learn more about advances in modern medicine.



In addition to improving the public's understanding of medicine, the series is aimed at encouraging middle and high school students to learn about medicine and health as possible career options. Delaware Mini Medical School is offered in New Castle County.

In 2014 the series covered the following topics.....

- Focus on Depression and Other Disorders of Mood
- Focus on Hypertension
- Pelvic-floor Disorders: Diagnosis and Treatment
- Update on the Affordable Care Act
- Neuro Critical Care: Treating Serious Neurovascular Illnesses and Injuries
- Update on Breast Cancer, from the Screening Debate to New Treatment Options

Immunization Coalition of Delaware

The Immunization Coalition of Delaware (ICD) is a diverse group of passionate, energetic, and committed partners working together to ensure that no one in Delaware suffers from vaccine preventable illnesses. We believe this can be achieved through focusing our efforts on education, advocacy, and access.

Recognized with the Public Health Recognition Award in 2012, the ICD has since become a program of the Academy of Medicine operated jointly with the Delaware Division of Public Health.



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health
Immunization Program

From the seasonal flu, to recent outbreaks of Ebola and measles - vaccine preventable illnesses demand constant vigilance. This is especially true during this time when the memory of the general population seems to have faded on the importance of child and adult immunizations, and our evermore connected global population travels from place to place with increasing frequency and speed.

Internship Program

In 2012, the Delaware Academy of Medicine initiated a pilot program to provide a highly customized internship program for a variety of age and educational stage learners.

From 2013 to 2014, Nadia Shobnam participated in the Academy's internship program working on a variety of projects including contributing to the Academy's White Paper on the Affordable Care Act, as well as activities related to the new Oral History project.



Ms. Shobnam is a Chemical and Biomolecular engineering graduate from the Johns Hopkins University and is currently a second year medical student at the Sidney Kimmel Medical College. She believes healthcare is a human right and looks forward to contributing towards improved healthcare access and improved health outcomes for underserved populations, both locally and globally.



The Delaware Academy of Medicine was founded by fifteen doctors and a dentist in 1930. Their goal was to provide a professional library and a meeting place where doctors and dentists from all over the state could gather to exchange ideas and experiences and so improve the quality and delivery of medical care. They also intended the Academy to be a historical repository for the Delaware medical community, documenting and memorializing the lives of its members.

Dr. Lewis B. Flinn served as the Academy's first president, occupying the office for twelve years. Many years later, in 1984, the Academy's library was renamed in his honor.

The Academy was originally housed in the former Bank of Delaware building, which was built in 1815 on Sixth and Market Streets in Wilmington. After the bank vacated the building in 1931, Mrs. Henry B. Thompson and Mrs. Ernest I. duPont led a fund-raising drive to purchase the structure for the newly founded Academy.

With their help and support, the building was relocated to a site on Lovering Avenue. The Academy took up residence there in 1932. In 1958, an addition was constructed, expanding the auditorium and creating more office space for the various medical groups that had their offices in the building.

In the fall of 2006, the Academy moved to the John H. Ammon Medical Education Center at the Stanton Campus of the Christiana Care Health System. This move was the result of a strategic alliance set in motion in the late 1990s between the Boards of Christiana Care Health System and the Delaware Academy of Medicine.

The Academy provides a broad range of services to the First State, including:

- Financial aid to medical students totaling **\$2.1 million** to date
- Lectures and seminars to educate the public on important health topics
- Continuing professional medical education
- History and archives of medicine, dentistry, and nursing in Delaware

Student Financial Aid

The Delaware Academy of Medicine approved \$65,464 in loans for 9 Delaware students studying medicine in 2014.

The Academy's Student Financial Aid program was established in 1961 to help encourage Delaware students to study medicine and dentistry. To date, over 300 students have received close to \$2 million in loans.

The program is self sustaining in that the loans are given based on the amount of money collected annually from the students after they graduate. Most medical/dental students come out of school with more than \$200,000 in debt. To relieve some of the debt burden, repayment doesn't begin until one year after they graduate.

Any student interested in applying for a loan can submit an application to the Academy by May 15th of each year. To be eligible, students must be Delaware residents enrolled in medicine or dentistry at an accredited graduate school.

Funds are made available through endowments established by doctors, dentists, and other benefactors. The Delaware Academy of Medicine has six separate funds specifically for the purpose of issuing student loans.

Consumer Health Education and Literacy



The Gail P. Gill Community Health Library, a joint initiative with Christiana Care Health System, is a patient- and family-centered resource center. Its consumer health information resources include current health and wellness books, newsletters, CD, and DVDs. Its services include providing health information packets, displays and information via mobile carts, and presentations. In FY2014, the staff

served over 2,000 people including patients and their families, Christiana Care Health System staff, and the community. The library is named in honor of Gail P. Gill who served as the Delaware Academy of Medicine's Head Librarian for many years. It is located on the Christiana Hospital campus in the John H. Ammon Medical Education Center.

Global Health



As globalization continues to be a reality in every sector, it may sometimes be difficult to understand how we in Delaware are part of global health, and how what happens in other places of the world can have a profound impact on the daily lives of those of us living here in the First State. 2014 demonstrated for many, in a concrete way, exactly how global health concerns thousands of miles away can impact us on the local level.

This past year, a continued focus on global health topics such as HIV/AIDS, maternal health, cardiovascular disease, and cancer was noted, but 2014 was also a year for rather unexpected global health concerns to be raised on a national level. Awareness of the Chickungunya virus began to grow as more cases were seen inside the borders of the U.S. Enterovirus D-68 and MERS cases showed a dramatic increase across the country, and the outbreak of Ebola in Africa proved to be a concern for officials not only in the public health sector. This outbreak also required cooperation between the government, emergency management, healthcare and transportation sectors in the U.S. as well as here in Delaware.

Through our support of the CCHS Global Health Curriculum, these and many other issues are explored through the ongoing Global Health Series. The Residency Council is responsible for the following outstanding curriculum provided in 2014. We are proud to continue to support this exemplary program that informs and engages the healthcare leaders of today and tomorrow.

- From Ethiopia With Love
- Global Surgery: The Neglected Stepchild of Public Health
- kNOw Violence: the Global Campaign to Stop Violence Against Children
- Global Health Ethics and Project Development
- 3rd Annual DHSA Global Health Symposium
- The Global Health Burden of Addiction
- Tropical Medicine in Faraway Lands: Why We Should Care
- Global Health Skills Workshop - Up the Creek With a Paddle
- Collaboration on Maternal-Child Health

Event Sponsorship, Planning, and Promotion Activities

Each year, the Academy of Medicine supports a number of specialty conferences for educational, medical, and dental communities with support ranging from funding, to logistics and promotion, to full conference coordination. Hundreds of doctors, nurses, physician's assistants, therapists, residents, and medical students attend these events for professional development, continuing education, and networking. All conferences are done in collaboration with other academies and institutions, as noted in the list below.

Conferences in 2014 included a variety of ongoing events, conducted in partnership with the American College of Surgeons - Delaware Chapter, American Society of Hypertension Delaware Valley, Beebe Healthcare, Christiana Care Health System, Delaware Academy of Family Physicians, Delaware Academy of Physician Assistants, Delaware Nurses Association, Delaware Health Sciences Alliance, Delaware Stroke Initiative, and the A.I. duPont Hospital for Children.

- Christiana Care Health System: Global Health Grand Rounds
- Delaware Academy of Family Physicians: Sports Medicine Symposium
- 84th Annual Meeting of the Delaware Academy of Medicine
- Inaugural Delaware Military Medicine Symposium with the Delaware Chapter of the American College of Surgeons
- Delaware Academy of Family Physicians: Annual Scientific Assembly
- Annual Delaware Academy of Physician Assistants Fall Symposium
- Focus on Hypertension Conference with the American Society of Hypertension, Delaware Valley Chapter
- Ethics After Work series with Christiana Care Health System
- Robert O.Y. Warren Memorial Seminar with the A.I. duPont Hospital for Children
- Delaware Stroke Initiative 2014
- Christiana Care Health System: Sports Medicine Grand Rounds
- Delaware Academy of Family Physicians Annual Geriatric Medicine Symposium
- Osher Center Lecture on Communicable Diseases
- Katherine L. Esterly, MD Childhood Development Conference and Lectureship
- Options for Influenza - A Vaccine for Older Adults Seminar
- Annual Delaware Health Sciences Alliance Global Health Symposium
- Annual Addictions Medicine Symposium, Breaking Down Barriers - Christiana Care Health System
- Delaware Mini-Medical School with Christiana Care Health System
- L. William Ferris, MD Memorial Lectureship



CHRISTIANA CARE
HEALTH SYSTEM



DELAWARE ACADEMY OF
FAMILY PHYSICIANS



Delaware Health
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DELAWARE ACADEMY of MEDICINE

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