

**New
Castle
County**

NAMI ENGAGE
COMMUNITY-FOCUSED EDUCATIONAL EVENTS

In Collaboration with atTAck addiction
(www.atTAckaddiction.com)

WRITING FOR HEALING: Letter Writing for Recovery

If you or a loved one is living in, working toward, or hoping for recovery, discover how letter writing may provide you a sense of healing.

This 60 minute workshop is facilitated by writers with lived experience supporting loved ones in recovery. It is not considered mental health or substance use disorder therapy.

TUESDAY, SEPTEMBER 25, 2018

6:00PM - 7:00PM

Brandywine Hundred Library

1300 Foulk Road

Wilmington, DE 19803

Free to attend, light refreshments, registration encouraged:

Online: www.namidelaware.org/events

Email or Phone: events@namide.org or 302-427-0787 (Development)