

Hi, just a reminder that you're receiving this email because you have expressed an interest in Delaware Academy of Medicine and the Delaware Public Health Association, are a member, are a subscriber, or have attended one of our education events or conferences. Don't forget to add tgibbs@delamed.org to your address book so we'll be sure to land in your inbox!

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December 2017 Newsletter of the
Delaware Academy of Medicine / Delaware Public Health Association



DELAWARE
ACADEMY of
MEDICINE

DPHA
DELAWARE PUBLIC HEALTH ASSOCIATION

UPDATE
December 2017

The Delaware Academy of Medicine / Delaware Public Health Association is pleased to welcome you to our reinstated monthly update.

If you would prefer NOT to receive this update, PLEASE DON'T UNSUBSCRIBE. Instead, please e-mail ksmith@delamed.org and we will remove you from the newsletter subscription.

Delaware Journal of Public Health

This month's issue was built around the American Public Health Association's Annual Meeting and Expo focus "**Climate Changes Health**."

In this issue, we discuss the effects of climate change on ozone pollution, vector borne diseases, and health data in Delaware. We also list climate and health resources, give a lexicon of terms relating to climate and health, and hear from the Lt. Governor, Bethany Hall-Long

[Click here to read more...](#)

Delaware Journal of
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Next Issue coming in January 2018: Oral Health

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Upcoming Events

January 11, 2018

Frank M. and Robert R. Hoopes Medical/Dental Lecture

"TMJ Facts and Foibles" presented by Louis G. Mercuri, D.D.S., M.S.

[register online](#)

Save the Date

May 10, 2018

88th Annual Meeting - DE Academy of Medicine / DE Public Health Association

Dupont Country Club

Keynote address by Darshak Sanghavi, MD, Chief Medical Officer and Senior Vice President of Translation, OptumLabs

Spotlight On: Daniel J. Meara, MD, DMD

Dr. Meara is the current president of the Delaware Academy of Medicine / Delaware Public Health Association.

He is a board certified Oral and Maxillofacial surgeon, and joined Christiana Care Health System in 2010. Dr. Meara is a fellow of:

- The American Association of Oral and Maxillofacial Surgeons
- The American College of Oral and Maxillofacial Surgeons
- The American College of Surgeons
- The International College of Dentists

Dr. Meara is a member of the American Cleft Palate-Craniofacial Association, a recipient of the Faculty Educator Development Award, and holds both a medical and a dental license in the State of Delaware.



[Learn More About Dr. Meara](#)

2017 Annual Giving - Every dollar counts

We all have countless options and requests for end-of-year giving, and here are some points to consider about the work of this organization and why we hope you'll support our efforts:

- 1) Each year we support the **education of Delaware dental and medical students** through our **low interest loan program**.
- 2) During the summer of 2017 we **mentored 4 summer interns** from high school, undergraduate, and graduate levels as they pursue their own work in healthcare and public health.
- 3) **Mini Medical School**, a joint program with Christiana Care Health System was conducted in the spring of 2017 with over 100 students
- 4) The **Medical Lecture Series at Osher Lifelong Learning Institute / UD** was conducted in the Spring and Fall with over 220 attendees.
- 5) Every other month we publish the **Delaware Journal of Public Health** with a circulation of over 9,200 subscribers.
- 6) We operate programs including the **Immunization Coalition of Delaware**, **Chronic Diseases Collaborative**, and the **Delaware Medical Orders for Scope of Treatment Training Program**
- 7) We are Delaware's affiliate to the **American Public Health Association**
- 8) In 2017 we supported major conferences on:

- **Military and Veterans Medical Health and Suicide Prevention**
- **Stroke Education**
- **Communicable Disease**
- **Global Health**
- **Chronic Kidney Disease**
- **Medical/Dental Lectureship**

How to give....

- Send a check payable to the **Delaware Academy of Medicine** to Suite L10, 4765 Ogletown-Stanton Road, Newark, DE 19713
- [Donate online here](#)
- For a gift of stock, please contact Jeanne O'Neill with Brown Advisory by phone at 302-351-7602 or via email joneill@brownadvisory.com.



Have You Had Your Flu Shot?

Flu season is here, and we are already seeing cases of it in Delaware! More than 130 million doses of flu vaccine have been distributed nationwide so far this season, and the Centers for Disease Control and Prevention (CDC)

recommends everyone over the age of 6 months get a flu shot every year.

Getting a flu shot is the first and best available way to protect yourself and your family from the flu. Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school. It also prevents flu-related hospitalizations. Older people, young children, pregnant women, and people with certain long-term health problems are more vulnerable to serious flu complications, and should get the flu shot as soon as possible.

[Find a flu clinic near you!](#)

Did you know?

December is...

- Crohn's and Colitis Awareness Week
<http://www.ccfa.org/AwarenessWeek>
- National Influenza Vaccination Week
<http://www.cdc.gov/flu/nivw/>
- National Handwashing Awareness Week
<http://www.henrythehand.com/news-events/national-handwashing-awareness-week/>
- World AIDS Day
<https://www.worldaidsday.org/>
- Human Rights Day
<http://www.un.org/en/events/humanrightsday/>

and coming up, January is....

- Cervical Health Awareness Month
<http://www.nccc-online.org/hpvcervical-cancer/cervical-health-awareness-month/>
- National Birth Defects Prevention Month
http://www.nbdpn.org/national_birth_defects_prevent.php
- National Glaucoma Awareness Month
<http://www.glaucoma.org/news/glaucoma-awareness-month.php>
- National Stalking Awareness Month
<http://stalkingawarenessmonth.org/about>
- Thyroid Awareness Month
<http://www.thyroid.org/january-thyroid-awareness/>
- National Winter Sports Traumatic Brain Injury Awareness Month
<https://news.nnlm.gov/bhic/2017/01/january-is-national-winter-sports-traumatic-brain-injury-awareness-month/>
- January 7-13: National Folic Acid Awareness Week
<http://www.nbdpn.org/faaw.php>
- January 22-28: National Drug and Alcohol Facts Week
<https://teens.drugabuse.gov/national-drug-alcohol-facts-week>

Delaware Academy of Medicine: A Brief History

The first physician to practice medicine in Delaware was Dr. Tyman Stidham, in 1654. Other prominent physicians helping to shape the medical profession in Delaware include Dr. James Tilton (first president of the Medical Society of Delaware), Dr. Edward Miller, Dr. Lewis Potter Bush, and Dr. Lewis B. Flinn.

The Delaware Academy of Medicine was founded in 1930 by sixteen doctors and dentists. Their goal was to provide a professional library and a meeting place for doctors and dentists from all over the state to gather, exchange ideas and experiences, and improve the quality and delivery of medical care in Delaware.

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