



DELAWARE  
ACADEMY of  
MEDICINE



Update  
April 2018

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## March Happenings



### Science Cafe

Together with the Delaware Department of Health and Social Services (DHSS) Library, the Academy/DPHA held its first and second Science Cafe at the Whereabouts Cafe in Newark!

In February, Dr. Eric Kmiec, Director of the Gene Editing Institute of the Helen F. Graham Cancer Center & Research Institute discussed Human Gene Editing, and in March, Dr. Kate Smith, Program Manager for the Academy/DPHA discussed immunizations.

Science Cafes are open to the public!

**Next Cafe:** Tuesday, April 10 at 6:00 pm  
Whereabouts Cafe | 214 Peoples Plaza  
Newark, DE 19702

### 2018 Mini Med School

[www.delawareminimed.org](http://www.delawareminimed.org)

All month long, Mini-Med School was in session!  
On Thursday evenings in March, over 100 adults, seniors, and high school students were treated to lectures on

**Treating Opioid Addiction** (Erin Booker, LPC)  
**Cardiac Rehabilitation** (Janice Anderson, RN, BSN, CCRP)  
**Epilepsy** (John R. Pollard, MD)  
**Diabetes** (Amy B. Wachter, MD)  
**Trauma Care, Stop the Bleed** (Kevin M. Bradley, MD, FACS)  
**Weight Loss Surgery** (Caitlin A. Halbert, DO, MS, FASMBMS)



## Upcoming Events

### National Public Health Week

<http://www.nphw.org> for national news

[HERE](#) for local activities

**April 2 - 8, 2018**

Join us in celebrating National Public Health Week and become part of a growing movement to create the healthiest nation in one generation. We're celebrating the power of prevention, advocating for healthy and fair policies, sharing strategies for successful partnerships and championing the role of a strong public health system.

[Learn more](#)

This year, the Academy/DPHA is teaming up with the University of Delaware!

- Monday, April 2
  - Health Equity Club Kiosk - promoting mental health and wellbeing
- Tuesday, April 3
  - Distracted Driving: Are You A Safe Driver?
  - Talk on Preventing Texting and Driving
- Wednesday, April 4
  - Screening of "A Family Affair" and post-movie discussion with the director
- Thursday, April 5
  - "What You Need To Know Down Below:" STIs, HPV, and Meningococcal Disease
  - Health Equity Club: Pop-Up Parks!
- Friday, April 6: Ensuring The Right To Health
  - "APHA, Affiliates Responding to and Shaping Public Health in the US" with Dr. Joseph Telfair, President of the American Public Health Association
- Saturday, April 7
  - Active Minds Stomp Out Stigma 5K

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## Delaware Lung Cancer Symposium

**April 16, 2018, 8:30 am - 2:00 pm**

In collaboration with the Gene Editing Institute of the Helen F. Graham Cancer Center & Research Institute, and Christiana Care Health System, we would like you to join us for this inaugural symposium!

[Learn More](#)

## Save the Date, register today!



### 88th Annual Meeting

Join the Academy/DPHA on Friday, May 11, 2018 at the Chase Center on the Riverfront for our 88th Annual Meeting!

Keynote Speaker: Darshak Sanghavi, MD; Chief Medical Officer and Senior Vice President of Translation, Optum Labs.

Honoring: Nicholas Petrelli, MD and Jewish Family Services of Delaware

[Register here!](#)

## Spotlight On:

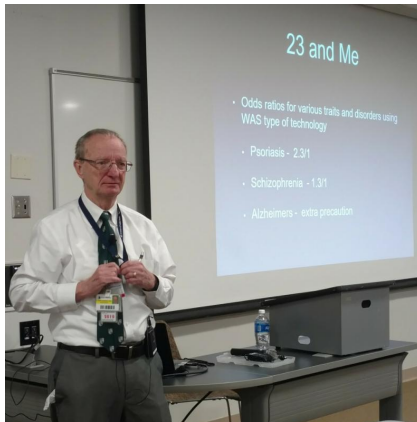
### Arun V. Malhotra, MD

Dr. Malhotra was the president of the Delaware Academy of Medicine / Delaware Public Health Association from 2014 - 2016, and was awarded the 2013 Nurse Physician Partner at Christiana Care Health System.

Dr. Malhotra is an associate member of the American Society of Nephrology, a board member of the American Society of Nephrology, Delaware

Chapter, and a member of the National Kidney Foundation, the American College of Physicians, Renal Physicians Association, and the Medical Society of Delaware.

[Learn More About Dr. Malhotra](#)



## Osher Academy Life Long Learning

The Spring Semester of the Medical Lecture Series began in February. Lecturers like Lou Bartoshesky, MD, MPH of Christiana Care Health System are discussing all manner of medical, dental, and public health issues this year. Dr. Bartoshesky spoke about the history of genetic testing.

[Learn More About Osher Academy](#)

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## Did You Know?

### April is...

Alcohol Awareness Month - <https://www.ncadd.org/about-ncadd/events-awards/alcohol-awareness-month>

Autism Awareness Month - <http://www.autism-society.org/get-involved/national-autism-awareness-month/>

Child Abuse Prevention Month - <https://www.childwelfare.gov/topics/preventing/preventionmonth/>

Donate Life Month - <https://www.donatelife.net/ndlm/>

Esophageal Cancer Awareness Month - <https://www.aacrfoundation.org/Pages/esophageal-cancer-awareness-month-april.aspx>

Head & Neck Cancer Awareness Month - <http://oralcancerfoundation.org/events/oral-head-neck-cancer-awareness-month/>

IBS Awareness Month - <http://www.aboutibs.org/ibs-awareness-month.html>

Minority Health Month - <https://minorityhealth.hhs.gov/omh/content.aspx?lvl=2&lvlid=12&ID=10234>

Sexual Assault Awareness & Prevention Month - <http://www.nsvrc.org/saam/about>

STI Awareness Month - <https://www.cdc.gov/std/sam/>

Testicular Cancer Awareness Month - [http://www.testicularcancersociety.org/tc\\_awareness.html](http://www.testicularcancersociety.org/tc_awareness.html)

National Day of Hope - April 4

World Health Day - April 7

National Alcohol Screening Day - April 12

National Health Care Decisions Day - April 16

Sexual Assault Awareness Day of Action - April 17

Earth Day - April 22

World Meningitis Day - April 24

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