



DELAWARE  
ACADEMY of  
MEDICINE



**Update - July 2018**

If you would prefer NOT to receive this update, PLEASE DON'T UNSUBSCRIBE. Instead, please e-mail [ksmith@delamed.org](mailto:ksmith@delamed.org) and we will remove you from the newsletter subscription list.

## The Khan-versation

### Connection and Coordination



These are key features of a well-functioning public health system - essential yet relatively invisible. It reminds us (ok, me) of the way a car engine works (an internal combustion one, at least): multiple parts buried underneath shrouds, covers, and caps, coming together in somewhat noisy harmony to deliver motive force. The vehicle it powers might ultimately get the credit (the analogy being a clinic, hospital, outbreak investigation, or any other visible frontline service), yet the work goes on behind the scenes: painstakingly connecting the rod to the pistons to the crankshaft, to ultimately deliver power to the wheels. These connections abound in our community. And if you look deeper, seemingly disconnected and disparate work is in fact linked. These structures are provided by key partner institutions in Delaware, among which the Delaware Academy of Medicine/Delaware Public Health Association is a proud leader.

Some of you know (or now realize after reading the above) that I have a deep interest in mechanical things, especially those that go (and sometimes leak oil as well). Not content with my own skinned knuckles, I frequent a group called *Cars & Coffee*, of which a chapter meets monthly, not far from our offices at the Christiana Hospital campus. It is yet another kind of connection, and one which thrives in Delaware: a community of individuals coming together to discuss common interests.

I know all of you, our members, have incredibly diverse avocations, some of which intersect professionally, and many which do not. If you'd like to share your thoughts with us on a particular pastime, drop us a line with a photo (at [ksmith@delamed.org](mailto:ksmith@delamed.org)). We'll share when we have a few collected.

One of the best opportunities to connect with our colleagues from across the globe is coming up, in sunny San Diego – the annual American Public Health Association (APHA) annual conference ([Register Here!](#)). We'll be hosting a reception for Delaware attendees, so if you're going, let us know (e-mail Kate Smith at [ksmith@delamed.org](mailto:ksmith@delamed.org)) – we'd love to see you there, for food, drink and of course, *khanversation*. In the meantime, drive on!

Omar

## Summer Internships

### Mike Ritzius, University of Delaware

Mike Ritzius, a Neurosciences major at the University of Delaware, is interested in stroke. He is working with Dr. Lee Dresser on the Delaware Stroke Initiative, and is helping to update stroke resources in the First State.



## Modupe Opawumi

Modupe Opawumi is a pharmaceutical technician in Wilmington, and is looking to expand her career to include health promotion planning, program development and evaluation. She is working with the YWCA in Wilmington to develop a nutritional program for youth with diabetes.



## Spotlight On...

### Vice President S. John Swanson, III, MD, FACS



Dr. Swanson is the surgical director for the Kidney Transplant Program at Christiana Care, and Chief of Transplantation Surgery.

He is a board-certified urologist who completed residency in 1989 and kidney/pancreas fellowship training in 1991.

From that time until his retirement in 2005, he had been the UNOS certified surgical director of the Walter Reed Army Medical Center Kidney/Pancreas Transplant Program. In 1994, he also became chief of the Organ Transplant Service, a position he held until his retirement.

[Learn more about Dr. Swanson](#)

## Partners in Research: Developing a Patient-Centered Research Agenda for Chronic Kidney Disease

The Academy/DPHA was pleased to partner with the [Christiana Care Health System Value Institute](#) around this significant public health challenge.

Chronic Kidney Disease (CKD) and end stage renal disease (ESRD) are serious and costly diseases that consume nearly 25 percent of the Medicare budget. The highest rates of CKD, which affects more than 20 million adults, are seen in individuals over 60 years of age. Diabetes and hypertension are the most frequent causes of CKD in the United States. In 2013, there were 2,287

patients in chronic renal replacement therapy in Delaware.

The September 2018 issue of the Delaware Journal of Public Health will feature Chronic Kidney Disease.

[Learn more about the Partners in Research Effort](#)



## July is...

Cord Blood Awareness Month  
International Group B Strep Awareness Month  
Juvenile Arthritis Awareness Month  
National Cleft & Craniofacial Awareness & Prevention Month  
National Fireworks Safety Month  
UV Safety Month

[Learn More](#)

# The Delaware Academy of Medicine / Delaware Public Health Association

## Academy of Medicine 2018 - 2020 Board of Directors

**President:** Omar A. Khan, MD, MHS  
**President Elect:** Victor L. Gregory, DMD  
**Vice President:** S. John Swanson, MD  
**Secretary:** Sandra P. Medinilla, MD, MPH  
**Treasurer:** David M. Bercaw, MD  
**Immediate Past President:** Daniel J. Meara, MD, DMD  
**Executive Director:** Timothy E. Gibbs, MPH, NPMc

### Directors

Stephen C. Eppes, MD  
Eric T. Johnson, MD  
Joseph F. Kestner, Jr, MD  
Rita Landgraf  
Brian W. Little, MD, PhD  
Arun V. Malhotra, MD  
Joseph A. Napoli, MD, DDS  
John P. Piper, MD  
Ehtasham A. Qureshi, MD, FACC, FSCAI  
Albert A. Rizzo, MD

### Emeritus

Robert B. Flinn, MD  
Barry S. Kayne, DDS  
Leslie W. Whitney, MD

## DPHA Advisory Council

**President:** Omar Khan, MD, MPH  
**Executive Director:** Timothy E. Gibbs, MPH, NPMc

### Members

Louis E. Bartoshesky, MD, MPH  
Gerard Gallucci, MD, MSH  
Richard E. Killingsworth, MPH  
Erin K. Knight, PhD  
Melissa K. Melby, PhD  
Mia A. Papas, PhD  
Karyl T. Rattay, MD, MS  
Margot L. Savoy, MD, MPH  
William Swiatek, MA, AICP

The Delaware Academy of Medicine / Delaware Public Health Association  
302-733-3952 | Fax 302-733-3949 | [delamed.org](http://delamed.org)

STAY CONNECTED



