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TIMTalk



The Delaware Academy of Medicine has been enhancing the well-being of our community through education and the promotion of public health in Delaware since 1930. In 2013, we became the Delaware Chapter of the American Public Health Association. In 2020, we received the distinction of being **APHA's Affiliate of the Year** - and we could not have done any of it without you!

Delaware foundations and corporate philanthropic resources have been working at unprecedented levels to address the staggering level of need for programs that support the basic needs in our community: food, shelter, education, medical care access, and so on. We applaud their efforts and, except for one grant application in the very beginning of the COVID-19 crisis, we have not approached them for funding. Instead, we have relied on our own internal reserves and CARES Act funding, which have empowered us to continue a full load of programming without interruption. Now, we ask you to join our board of directors and advisory council donors in supporting the work of the Academy/DPHA.



When you donate to the Delaware Academy of Medicine/Delaware Public Health Association, you support Academy/DPHA programs including:

- Delaware Chronic Disease Coalition,
- Delaware Health Workforce Initiative
- Delaware Mini-Medical School,
- Delaware Journal of Public Health
- History and Archives Program,
- Immunization Coalition of Delaware,
- Public Health Grand Rounds, and
- Student Internship Program.

You also support funding for national and state advocacy around public health concerns; and global, national, and local health monitoring.

Please give to Do More 24 Delaware, and help us continue to work to make Delawareans the healthiest in the nation!

WHEN

Beginning at 6:00 pm, Thursday, March 4 through 6:00 pm, Friday, March 5

Visit our Do More 24 Delaware page!

DONATE

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ACCEL Community Research Exchange



Dear Friends,

This month brought together a truly remarkable group of colleagues from across our community. The annual [ACCEL community research exchange](#) focused, most appropriately, on COVID-19 and the community.

As you all know, for more than eight years, this NIH-funded program brings together several partner organizations and community members in service of better and more relevant health sciences research. I serve as co-chair of this event, along with Dr. Lee Pachter and Dr. Marlene Saunders. Our keynote, Professor Dan Salmon from Johns Hopkins University gave an excellent overview of vaccine hesitancy and factors related to community engagement. He has kindly agreed to share his slides below.

Vaccine Refusal in the Time of COVID-19: Opportunities for Community Engagement & Research

Daniel Salmon, PhD, MPH
Director, Institute for Vaccine Safety
Professor, International Health and Health, Behavior, and Society
Johns Hopkins Bloomberg School of Public Health

For questions pertaining to the broader [ACCEL program](#), please contact [Debra Reese](#). Many thanks to Debra, Karen Hough (UD), and Suzanne Purfield (UD) for their exceptional conference management!

Vaccine availability for COVID-19 is increasing daily. We must strike the balance of encouraging all eligible Delawareans to get the vaccine, while being patient with the vaccine rollout process. As always, we at the Academy/DPHA wish to lead from the front, and are proud to report all eligible colleagues/Board members have been vaccinated on schedule (check out our [twitter feed](#) for photographic evidence, and selfies of variable quality)!

By partnering medicine with public health, we can achieve a healthier Delaware. Thank you all for doing your part in this, through vaccination, masking, hand hygiene and appropriate distancing. Stay tuned for more on this in next month's **Khanversation!**

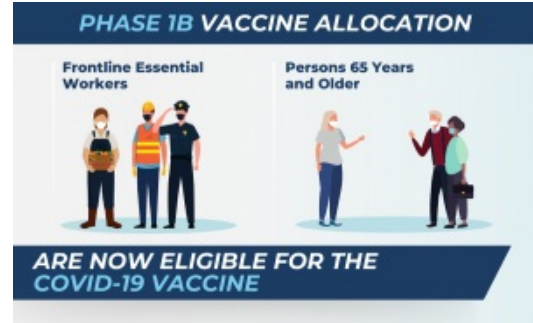
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COVID-19 Vaccination

Phase 1B

Delaware is currently in Phase 1B of its [Coronavirus Vaccine Release Timeline](#). Phase 1B includes individuals aged 65 years and older, and frontline essential workers (i.e. firefighters, emergency medical services, police).

Both before and after receiving the vaccine, you should continue to wear a mask, maintain distancing, and wash your hands frequently!



Check out [Delaware's Vaccine Information Page](#) to register for an appointment!

Delaware Journal of Public Health

djph.org

Public Health - One Health



PUBLIC HEALTH-ONE HEALTH



that led to this issue's culmination.

Read the issue [here](#)

What is One Health? One Health is an approach that recognizes that the health of people is closely connected to the health of animals and our shared environment.

One Health is not new, but it has become more important in recent years. This is because many factors have changed interactions between people, animals, plants, and our environment.

Past issues of the Journal have touched on aspects linked to One Health, including Climate and Health, Nutrition, Creating Healthy Communities, Cancer, and Communicable Disease.

For this issue, we engaged Karen Lopez, DVM, MPH, Delaware's Deputy State Veterinarian as our guest editor, and we thank her for her connections and hard work

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Academy Updates

National Public Health Week

National Public Health Week will take place virtually on

April 5-11 this year. The 2021 theme is “Building Bridges to Better Health” because it’s more important than ever for us to all come together in the midst of the COVID-19 pandemic. A link to the fact sheets can be found [here](#) along with the daily themes which include:



**NATIONAL
PUBLIC
HEALTH
WEEK**

- Rebuilding,
- Advancing Racial Equity,
- Strengthening Community,
- Galvanizing Climate Justice,
- Constructing COVID-19 Resilience,
- Uplifting Mental Health and Wellness, and
- Elevating the Essential and Health Workforce.

A [Twitter Live Chat](#) will also be held during NPHW on Wednesday, April 7th at 2pm E.T. This is a great way to network and connect with others in the public health field, as well as discuss all things public health. Be sure to follow [@NPHW](#) on Twitter and use the hashtag **#NPHWchat** for your posts during this event.

Leading up to NPHW there is also a friendly competition, APHA’s [Keep It Moving Challenge](#). Any individual or organization may sign up for this and the goal is to promote physical activity. You can register for this challenge or download the app Walker Tracker on your phone to sync with your mobile device to keep track of your steps and physical activity throughout the day. Physical activity may also be manually inputted into the system. This challenge ends on the last day of NPHW, April 11th, and we encourage all Delaware organizations to get involved and promote physical activity.

We also encourage all organizations with an interest in public health to hold their own virtual events to celebrate NPHW and raise awareness about the importance of public health. This may be in the form of a webinar, Zoom public health meet-up, public health related documentary viewing followed by discussion, holding a fundraiser, or anything else you might think of! A [toolkit](#) for planning events and a [form to submit](#) your events to so that they can be added to the NPHW calendar are available.

We’re very much looking forward to being involved with NPHW this year and are excited to see the involvement within the state of Delaware especially. More information about the event and activities can be found on the [NPHW website](#).

National News



APHA 2021
ANNUAL MEETING & EXPO
DENVER | OCT. 23 – 27

CREATING THE HEALTHIEST NATION:
STRENGTHENING SOCIAL CONNECTEDNESS

Creating the Healthiest Nation: Strengthening Social Connectedness

The American Public Health Association is now accepting abstract submissions for oral and poster presentations for the APHA 2021 Annual Meeting and Expo. Authors are encouraged to submit abstracts on the meeting theme — “Creating the Healthiest Nation: Strengthening Social Connectedness” — and current and emerging public health issues.

With the uncertainty around COVID-19, APHA is hoping to have a hybrid meeting and is still determining what that might look like. As you submit your abstract, keep in mind that APHA 2021 may be a virtual event. Updates will be posted to the website.

Submission Deadline — Abstracts are due March 21.

Abstract Notification — Presenters will be notified via email of abstract status on July 1.

[Learn more](#)

March is...

Brain Injury Awareness Month
National Kidney Cancer Awareness Month
National Nutrition Month

[And Much More!](#)

Additional Resources

Delaware Division of Public Health: [The DPH Bulletin](#)

Trust for America's Health: Wellness and Prevention Digest - [Subscribe](#)

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