



DELAWARE
ACADEMY of
MEDICINE



July-August 2022

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In this newsletter:

- From the Executive Director, Tim Gibbs, MPH
- **Climate and Health Conference** kicked off by Public Health Grand Rounds hosted by ChristianaCare Department of Medicine.
- Downstate Delaware Stroke Summit

From the Executive Director



Like many of you, we took a break in July to catch our breath and enjoy some of what Delaware in the summer has to offer. For those who love heat and humidity, this summer has not been a disappointment, however in comparison to the weather challenges of other parts of the country, we have been extremely fortunate.

As foreshadowed in an earlier newsletter, the greatly awaited Delaware Health Care Workforce report is being completed over the rest of August, and as soon as it is published and publicly available, we'll let you know. I can provide the "teaser" that there is tremendous opportunity and expansion in the health care workforce, as well as some overarching trends that need to be acknowledged and managed.

This report will be the culmination of input from so many stakeholders, and from two consulting firms. To that end, the Academy/DPHA is pleased to announce its partnership with Tech Impact's Data Innovation Lab (DIL), and Agile Cloud Consulting (ACC).

Our gratitude extends to the world-class team at Salesforce, who provides the platform from which we are working on this initiative.

These two firms are working alongside the Academy/DPHA staff for the Delaware Health Force initiative – an unprecedented deep dive into our state's healthcare workforce ecosystem. The goal of this multi-year, ARPA-funded initiative is to identify opportunity areas to address health and healthcare access as one of the social determinants of health. ACC is assisting with the platform side of the initiative, and DIL, a local firm, is assisting with data analysis. DIL also works with the Delaware Health Information Network, from which important information is derived for analysis. The expertise, experience, and caring these two firms have demonstrated have been exceptional.



On other fronts, expect to hear more about Community Health Workers over the months ahead. This is a sector of the workforce that is really getting its voice thanks to the hard work of many in the Division of Public Health and the Delaware Community Health Worker Association. It continues to be an honor to work with them and the Public Health Management Corporation through the HRSA-funded COVID-19 CHW initiative, and if other applications for federal funds pan out – there will be even more to come.

Our partnership with the Delaware Chapter of the American Planning Association continues stronger today than it did several years ago when we first became partners through the national Plan4Health initiative. Our next joint conference is on October 5th and 6th, with details to follow. Similarly, our partnership with the MidAtlantic Public Health Partnership is going strong, and details are forthcoming on

our next regional conference.

Finally, I extend kudos to our very own Liz Healy, managing editor of the Delaware Journal of Public Health. Her submission to present about the DJPH and All of Us Research Initiative was accepted by APHA, and the publication will enjoy national exposure at the 150th Conference and Expo this fall, in Boston. Liz has also been named managing editor of the next APHA ***Control of Communicable Diseases Manual***.

Until next time, stay well and stay cool.

Tim Gibbs, MPH
Executive Director

Academy Events

Climate & Health Conference

The [Mid-Atlantic Alliance for Climate and Health](#), along with the Academy/DPHA, invites you to the first annual **Climate and Climate and Health Conference**!

The morning keynote presentation will coincide with ChristianaCare's Medical & Public Health Grand Rounds, and has been designated for a maximum of **1 AMA PRA Category 1 CreditTM** from the Medical Society of Delaware. Elizabeth Finkelman (National Academy of Medicine) and Jodi Sherman, MD (Yale Program on Healthcare Environmental Sustainability) will open the conference.

The rest of the conference has been designated for a maximum of **2.75 AMA PRA Category 1 CreditTM**, and will include:

- Panel discussion with Delaware healthcare systems
- Keynote Presentation, Elizabeth Cerceo, MD, FACP, FHM (Cooper Medical School of Rowan University)
- Environmental Justice Panel with representatives from the University of Delaware, New Jersey NAACP, Delaware Concerned Residents for Environmental Justice, and Health Care Without Harm
- Closing Remarks and a Call to Action from Stacia Clinton (Health Care Without Harm)

When: Thursday, August 25, 2022

From: 8:00 am - 1:30 pm

[Learn More and Register Here](#)

Delaware Stroke Summit

Join host David Tam, MD, President & CEO of Beebe Healthcare, and special guest E. Thomas Harvey, III, AHA Delaware Board of Directors Chair, for a series of informative presentations about stroke. This free educational event will be held at the Fairfield Inn (19113 Coastal Hwy, Rehoboth Beach, DE) from 9 a.m. - 1 p.m. on **Saturday, September 10**.

[Register and Learn More](#)

National News

Did You Know?

9-8-8 has been designated as the new three-digit dialing code to route callers to the National Suicide Hotline. This code went into effect on July 16, 2022.



Beat the Heat!

The temperatures are definitely climbing! Here are some tips to help keep you cool, healthy, and safe during these long, hot days!

1. Hydrate regularly - drink lots of water!
2. Eat lots of salads and fresh fruits - they contain a bunch of water and won't over-tax your digestive system.
3. Switch off the oven and use the microwave or barbeque!
4. Change light bulbs - long lasting LED light bulbs produce about 70% less heat than standard, incandescent lightbulbs.
5. Unplug your computer and other devices - if they're not plugged in, they won't create heat.
6. Make your bed cool - studies have shown that many people sleep better in cooler environments.
7. Block the sun with curtains and shades.
8. Cool the air - use an air conditioner, or aim a house fan at a bowl with ice in it
9. Cool yourself by taking a dip in some cool water.
10. If you must be outside, try and stay in the shade!

Delaware Journal of Public Health

Behavioral Health & Trauma Informed Care



Behavioral Health &
Trauma Informed Care

Trauma Informed Care (TIC) has been evolving since the 1970s when the term Post Traumatic Stress Disorder (PTSD) was first used to describe substance use and mental disorders in soldiers returning from the Vietnam War. Over time, behavioral experts have come to realize that any past trauma and current behavior may be linked.

This issue of the Delaware Journal of Public Health includes articles by Delaware experts, and covers a range of topics from Adverse Childhood Experiences (ACEs) to domestic violence, racism to dementia. This issue also includes Delaware's County Health Rankings Report (CHR) for 2022, which includes several new tools and findings, making this report the most useful to date.



We thank our guest editors Erin Booker, LPC, and Meghan McAuliffe Lines, PhD for their hard work on this issue, and hope you enjoy the plethora of information on this important topic.

[Read the journal here](#)

Additional Resources

Delaware Division of Public Health - [The DPH Bulletin](#)

Trust for America's Health: Wellness and Prevention Digest - [Subscribe](#)

Johns Hopkins Infectious Diseases COVID-19 Grand Rounds - [View Schedule](#)

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