

Thrombectomy for Acute Ischemic Stroke: Where we are.

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Disclosures

- None

Objectives

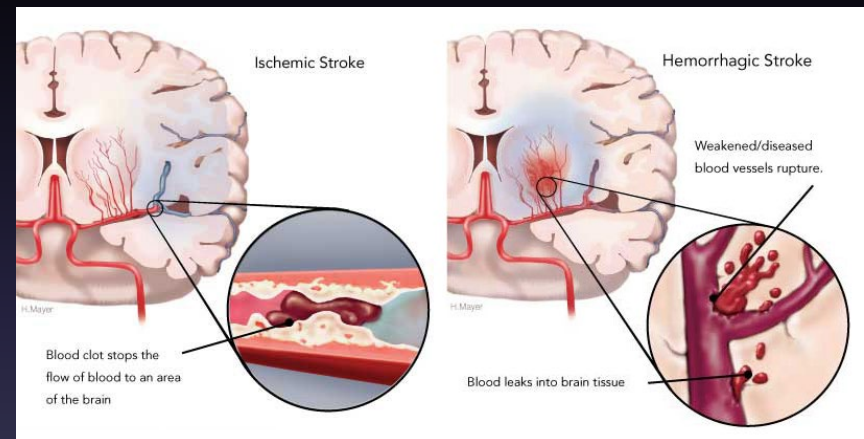
- Background and pathophysiology of acute ischemic stroke
- Discuss the decision making in acute stroke care
- Discuss the role of imaging in acute stroke
- Explore current endovascular practices in stroke treatment

What is a stroke?

- Clinical
 - When we lose function of a part of the brain that manifests as a focal neurological deficit.
 - Bleeding (hemorrhagic)
 - Lack of flow (ischemic)
- Imaging (silent)
 - Cell death, ICH, or SAH without neurological deficits are also considered strokes

Stroke Subtypes

- Ischemic stroke: 87%
 - Mechanism: Thrombotic vs. Embolic vs. Hypoperfusion
 - Large vessel vs. Small vessel
- Hemorrhagic stroke: 13%
 - Intracerebral hemorrhage
 - Intraventricular hemorrhage
 - Subarachnoid hemorrhage



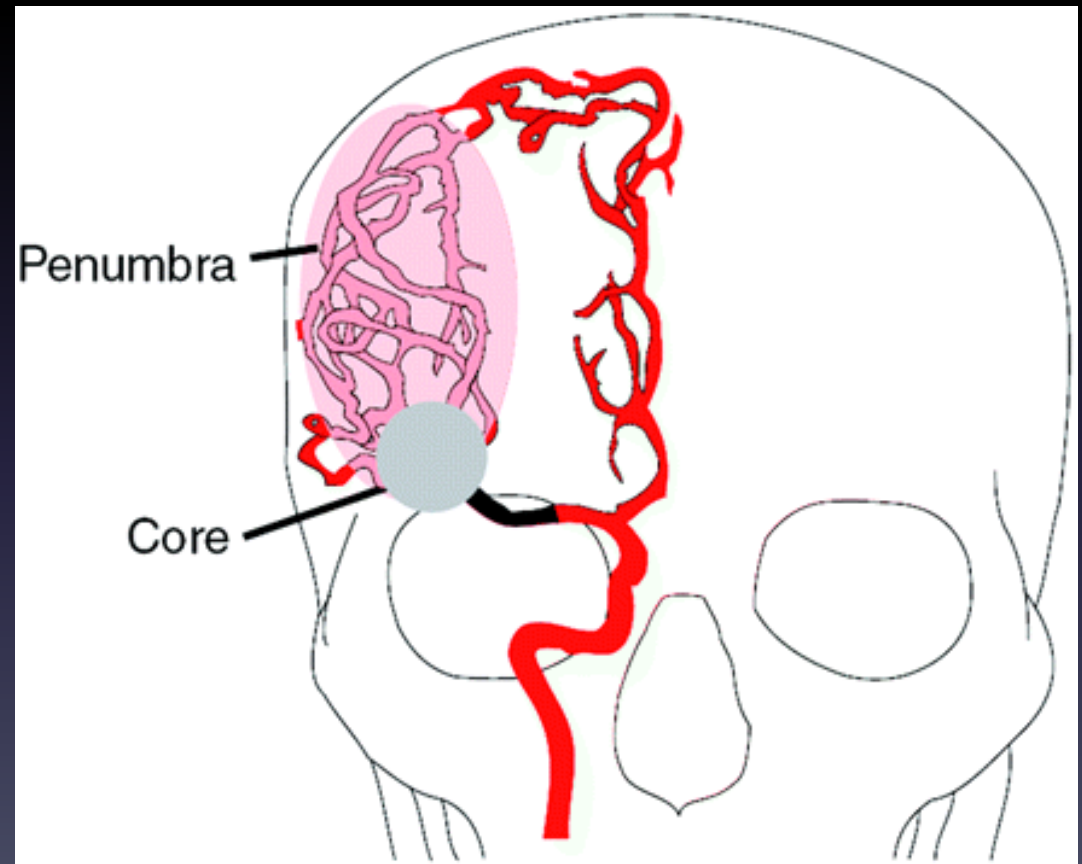
Adapted from Heart and Stroke Foundation of Canada

Ischemic Stroke Causes

- Cardioembolic: 30-35%
- Small artery occlusion (Lacunar): 26%
- Large Vessel disease artery to artery emboli: 15-20%
- Other: 5%
 - hypoperfusion, hypercoagulable states, dissection
- Cryptogenic: 20-30%

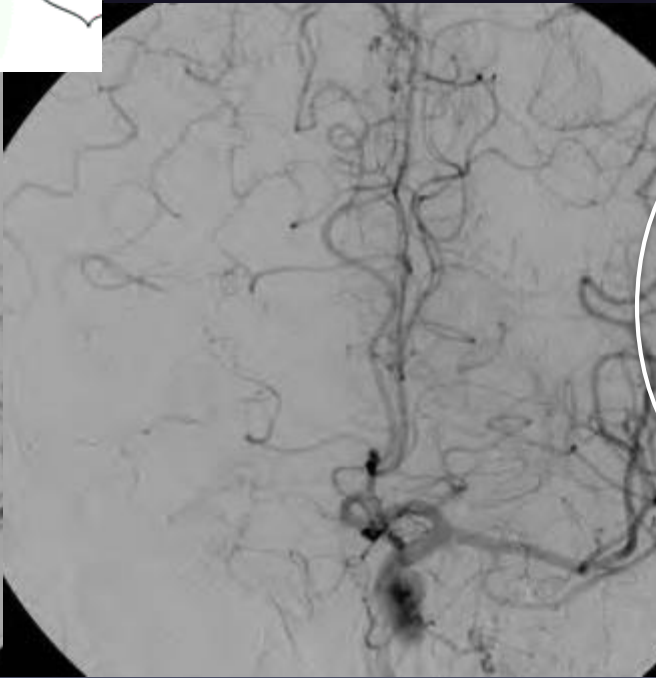
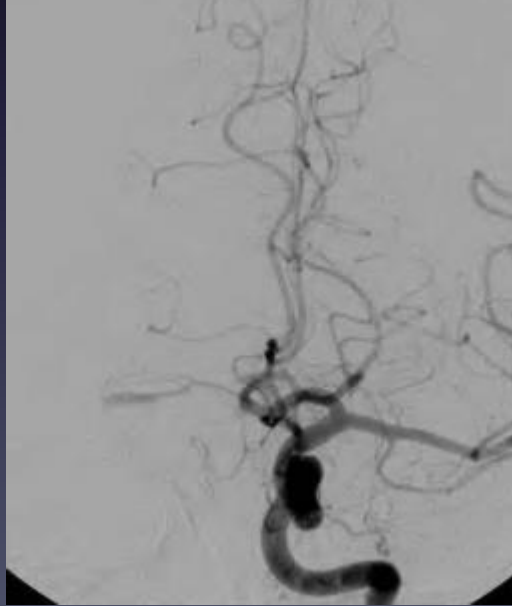
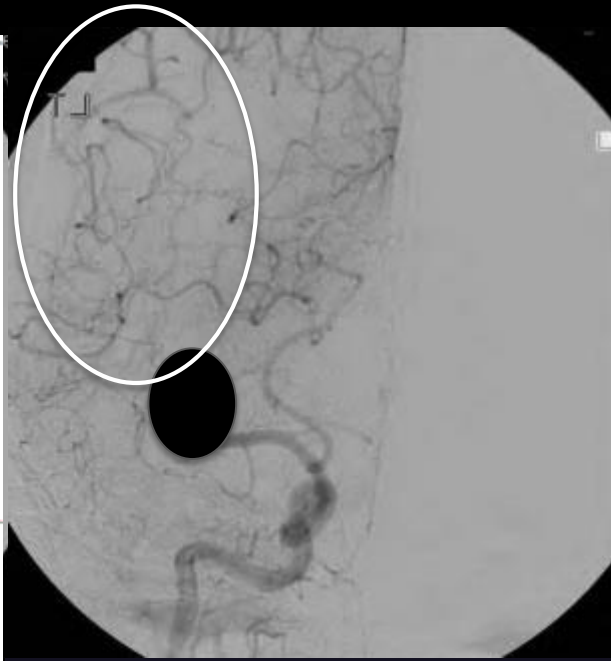
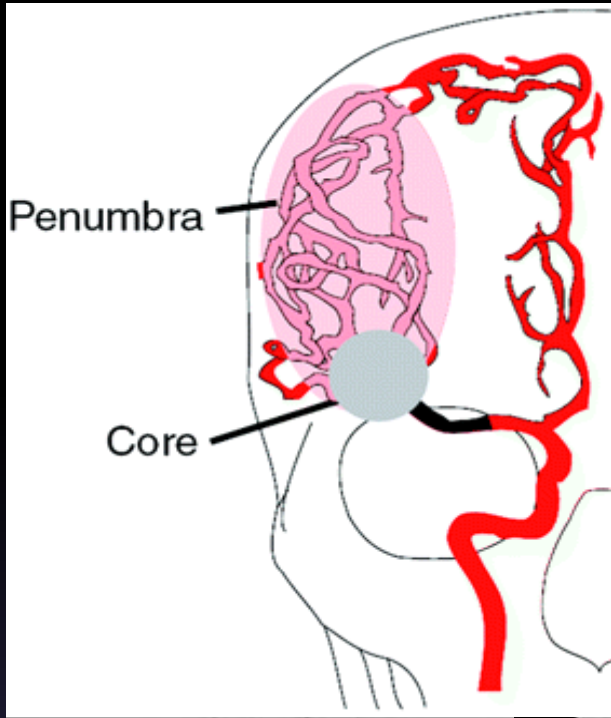
Pathophysiology of Acute Large Vessel Ischemic Stroke

- Infarct core
- Ischemic penumbra









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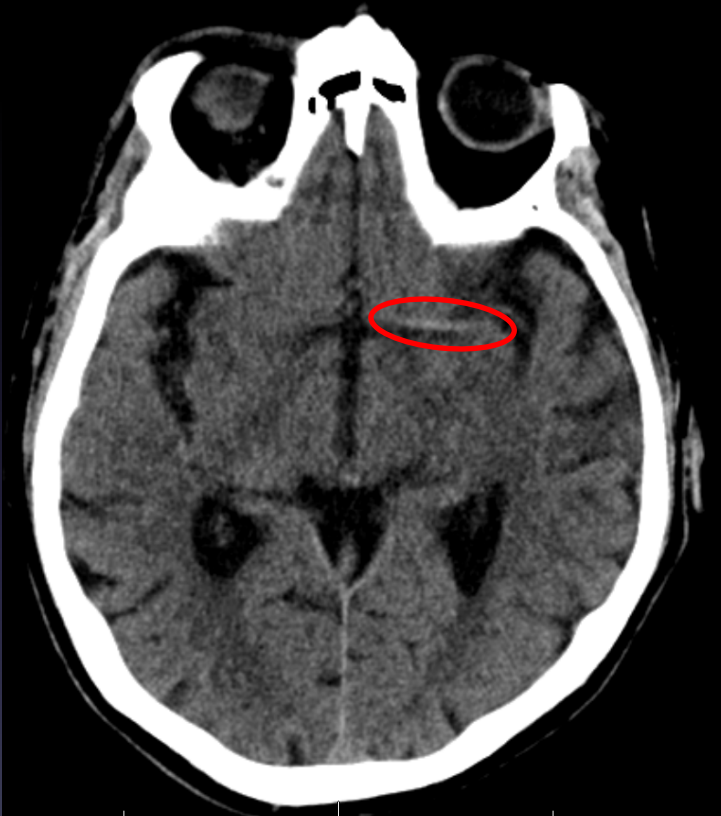
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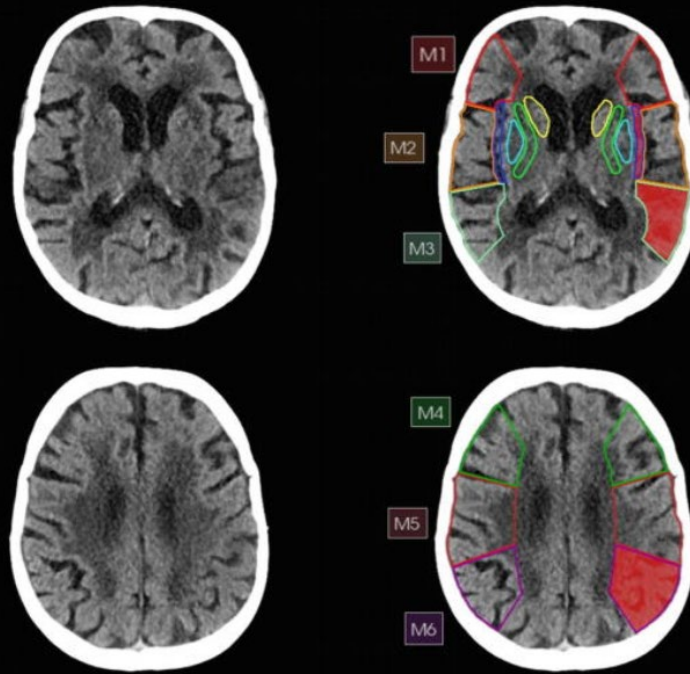
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STROKE IMAGING

Noncontrast CT Head



ASPECTS



Hounsfield Units Mean

RIGHT

LEFT

Subcortical – 4 points:

C	28.1	C	29.8
IC	28.5	IC	30.7
L	28.8	L	30.9
I	33.8	I	31.6

Cortical – 6 points:

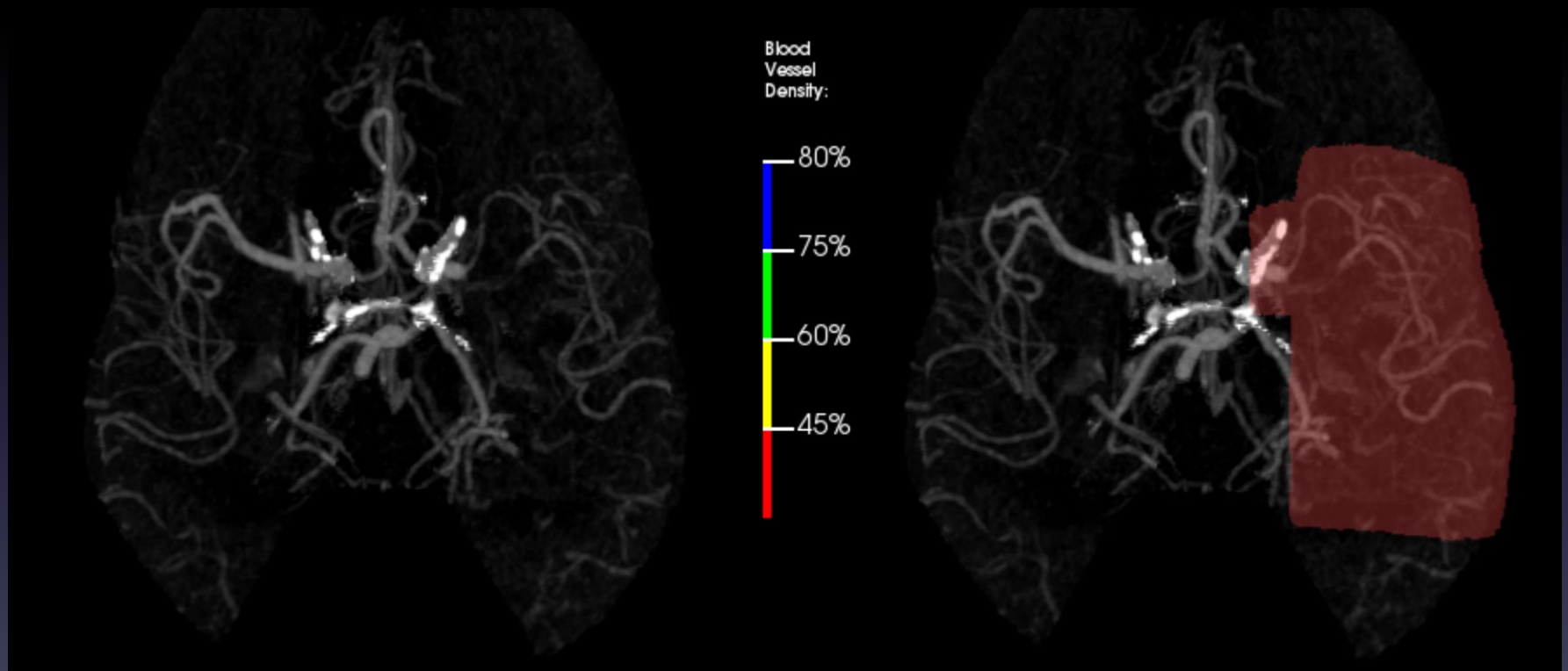
M1	33.9	M1	34.8
M2	35.1	M2	35.2
M3	37.3	M3	34.6
M4	34.8	M4	34.4
M5	33.9	M5	33.3
M6	37.3	M6	34.2

SCORE

7

Normal ASPECTS = 10. Subtract 1 point for each area of acute ischemia.

CT Angiogram



LEFT M₁ OCCLUSION

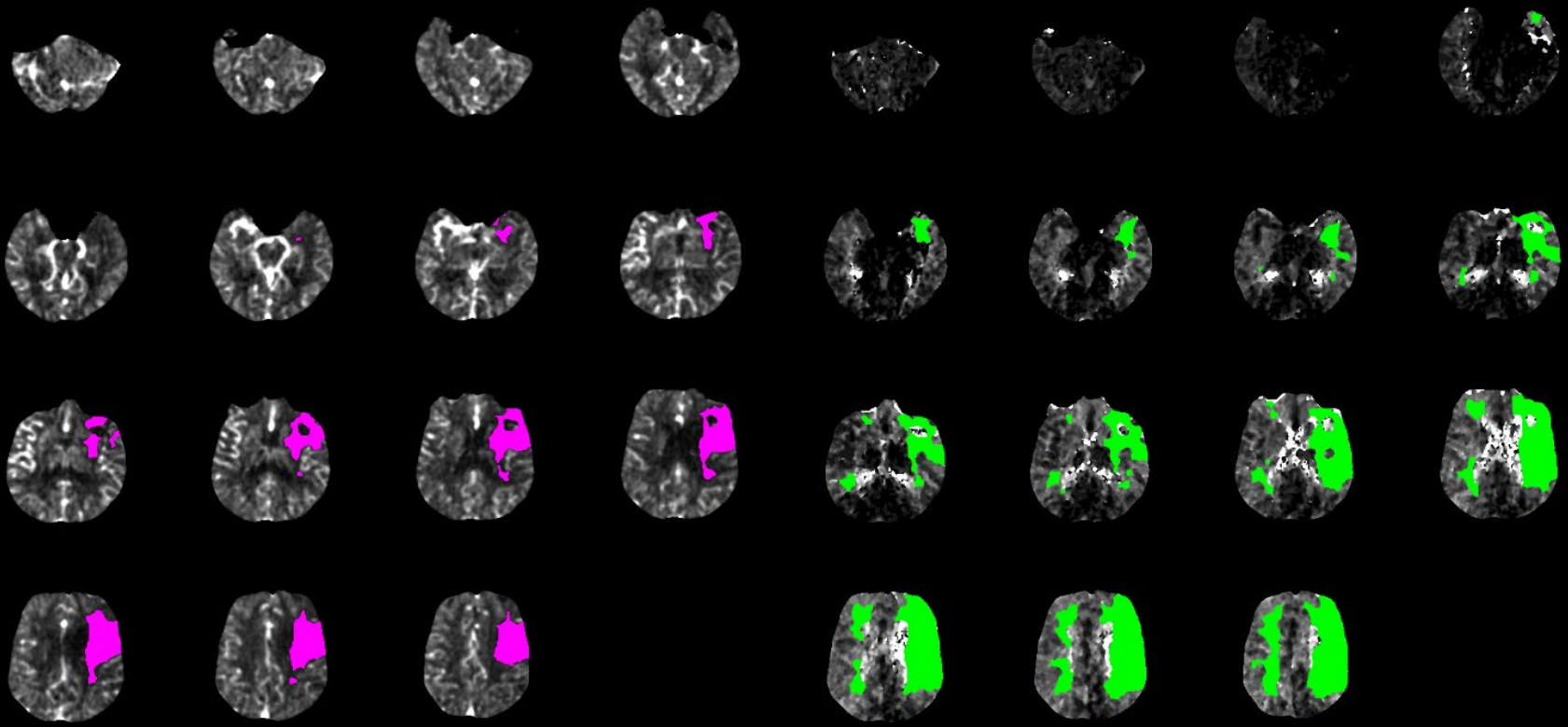
CT Perfusion- late strokes

CBF

A

Tmax

R

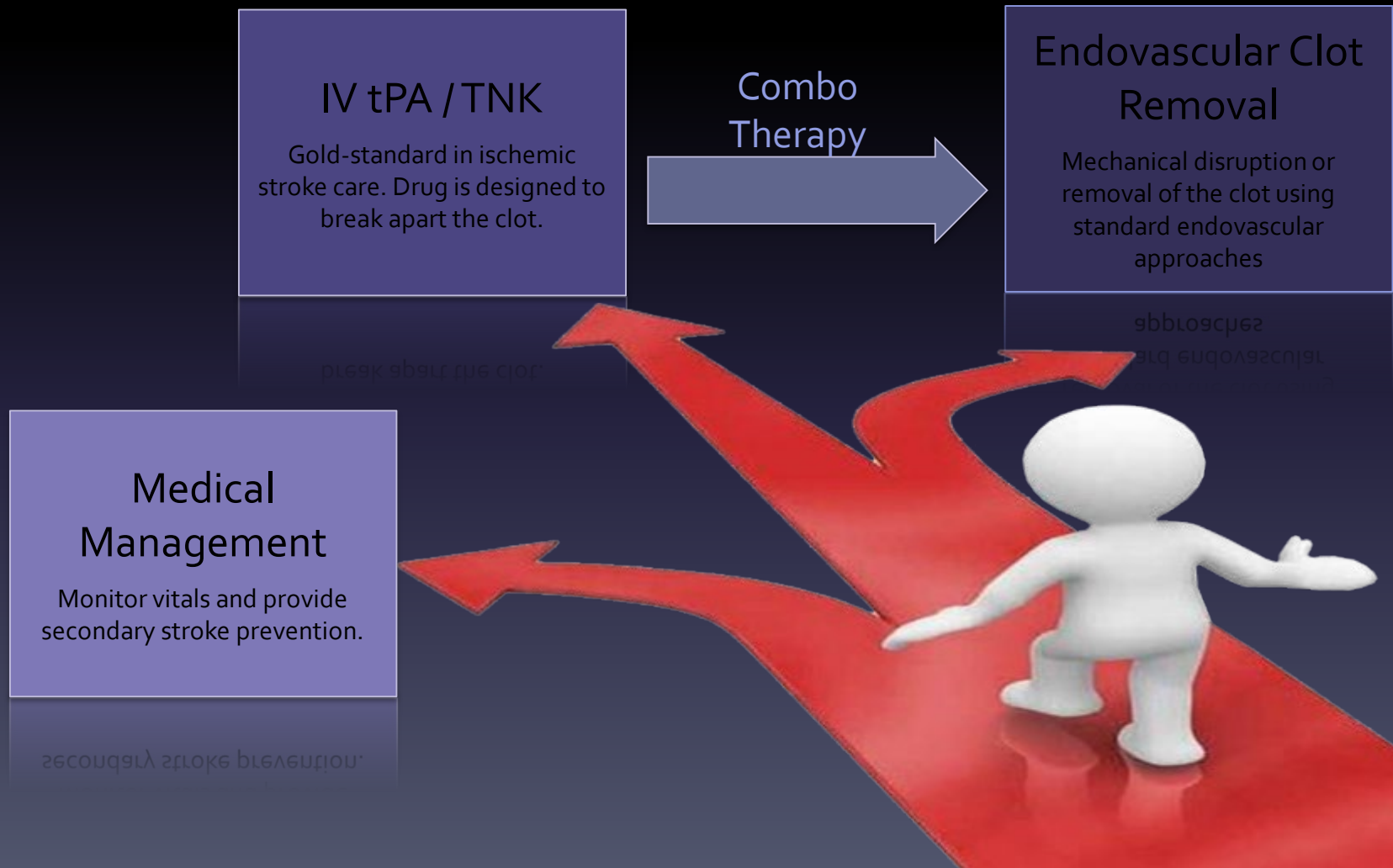


● CBF<30%: 53 ml

● Tmax>6.0s: 144 ml

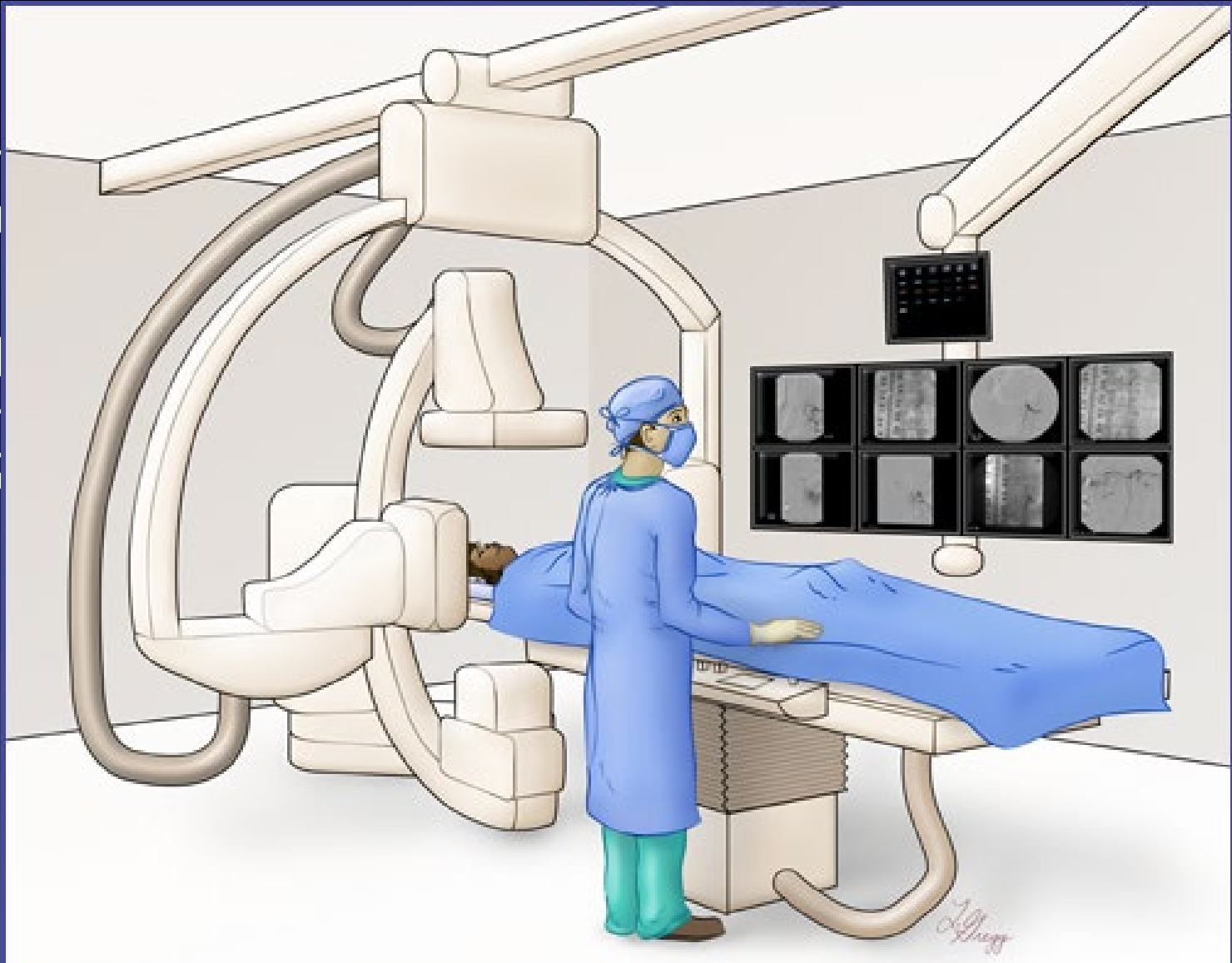
Mismatch volume: 91 ml
Mismatch ratio: 2.7

Treatment options



Endovascular Treatment

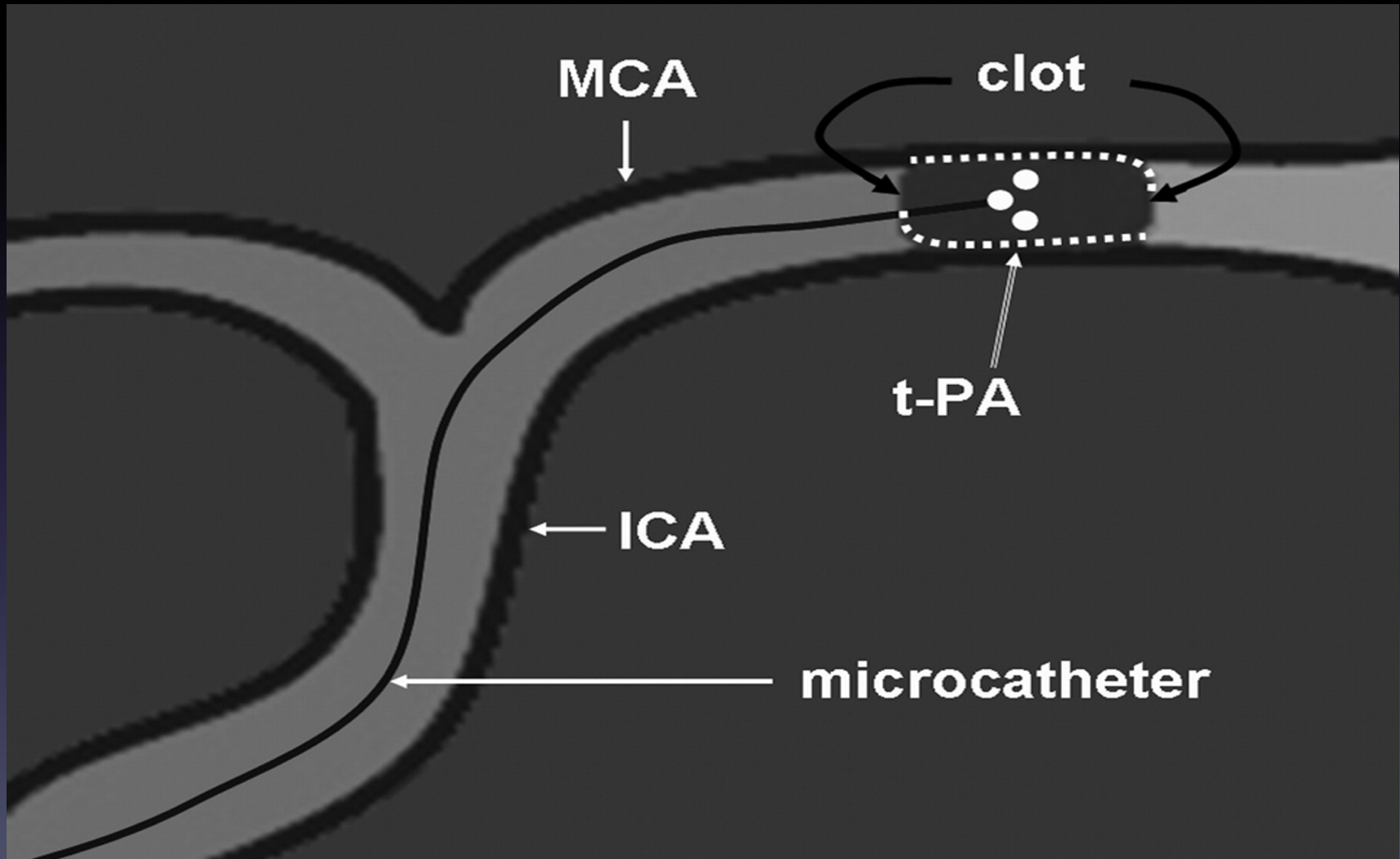
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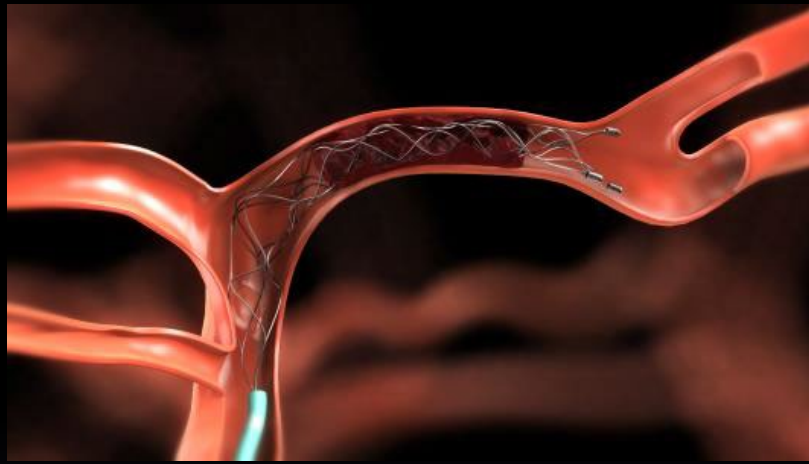


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Site of
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Intra-Arterial Thrombolysis



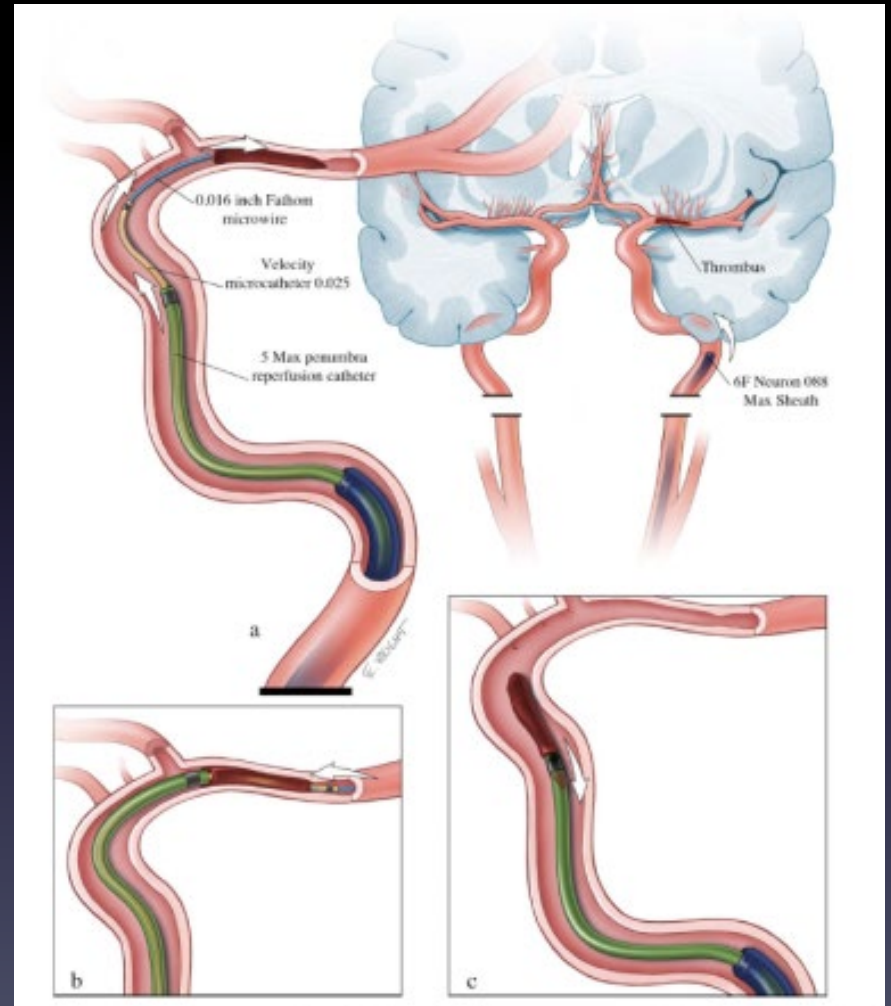


ELVO, MEVO, DEVO (large, medium and distal vessels)

MECHANICAL THROMBECTOMY

Lesional aspiration

- 'Bain vacuum'
- First approved 2009, continues to improve
- ADAPT technique
 - Track the catheter to the clot face and aspirate
 - Then pull out / engulf clot



Stentriever

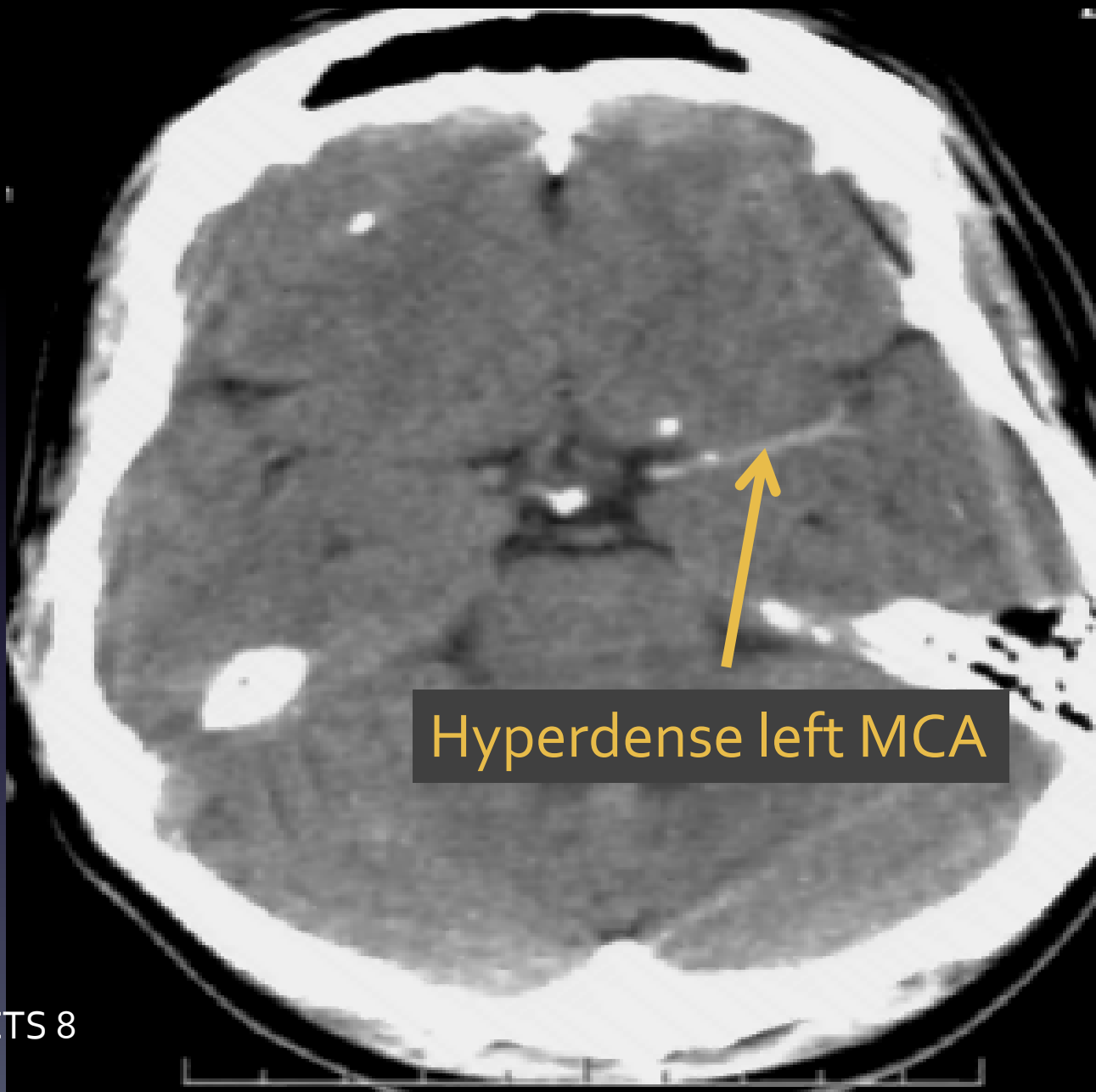
- First FDA clearance in March 2012
- Good vessel opening >88%
- Now used in combo with aspiration



CASES.....

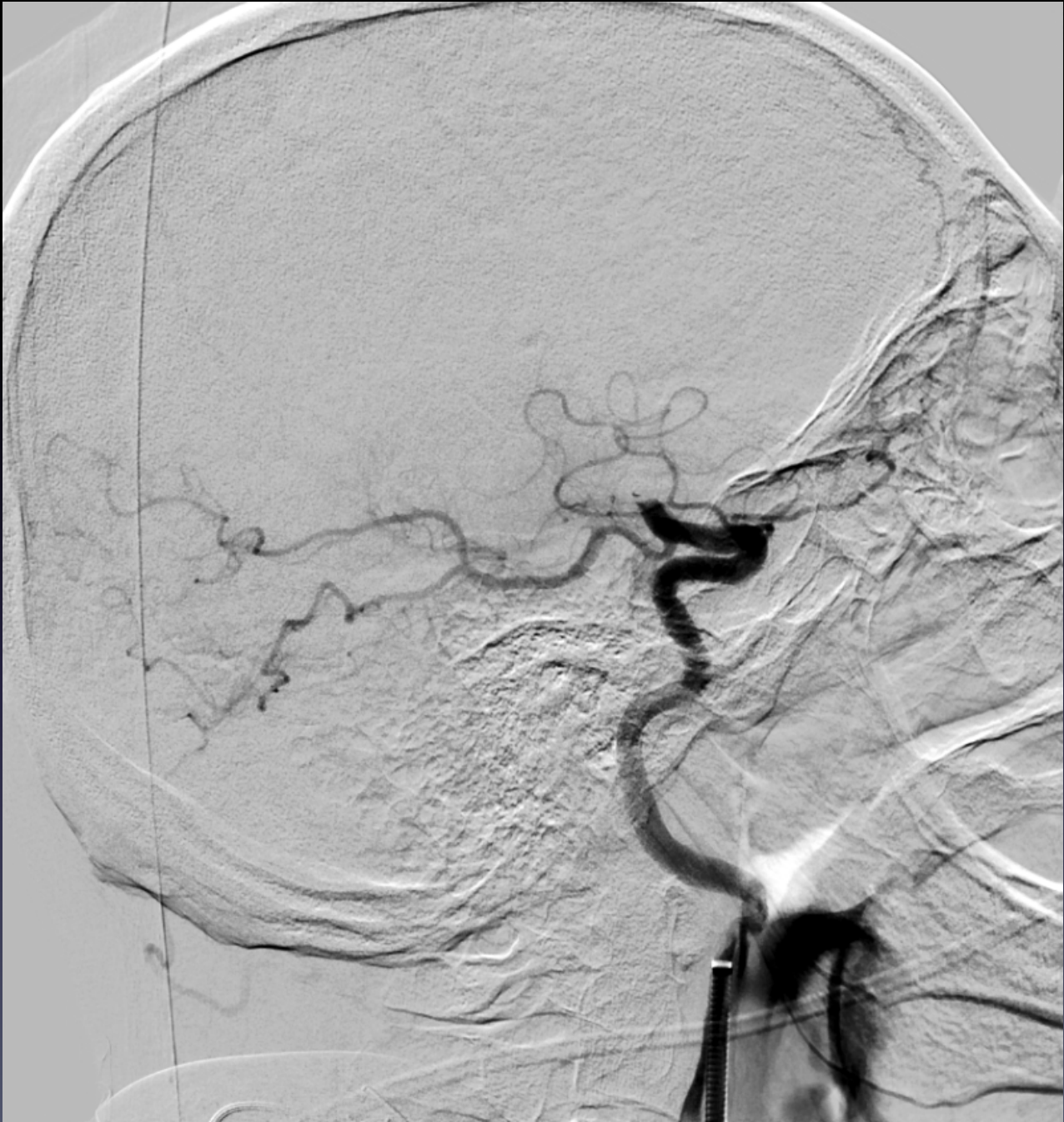
Case 1

- Clinical presentation...
 - 37 y/o female
 - Acute onset (3 hours)
 - Symptoms
 - complete right hemiparesis
 - global aphasia
 - left gaze preference
 - NIHSS 21
- THOUGHTS.....
- Based on time, she is eligible for meds
- Based on deficit we are concerned for a large vessel occlusion

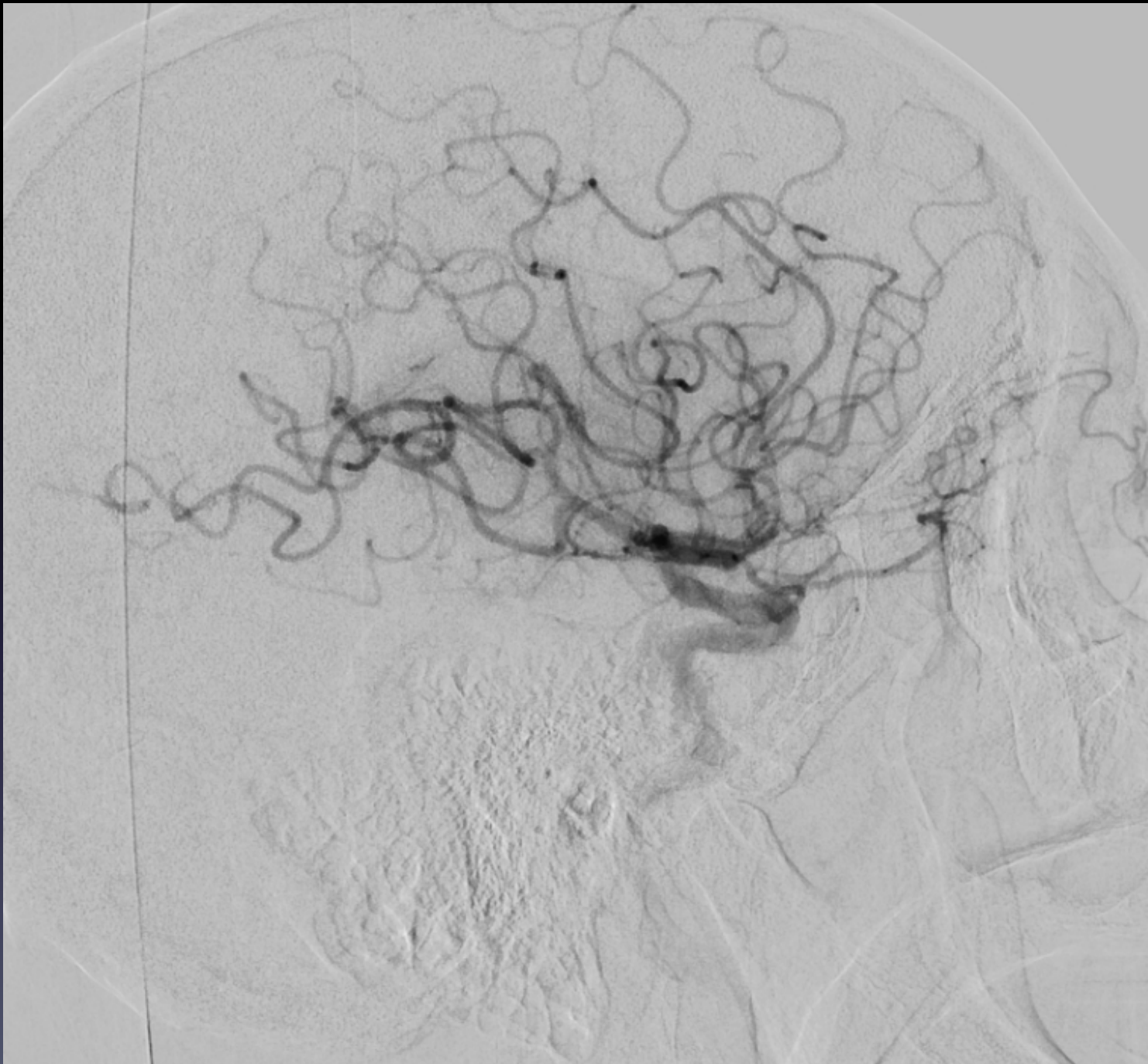


Hyperdense left MCA

PRE



POST



524.0

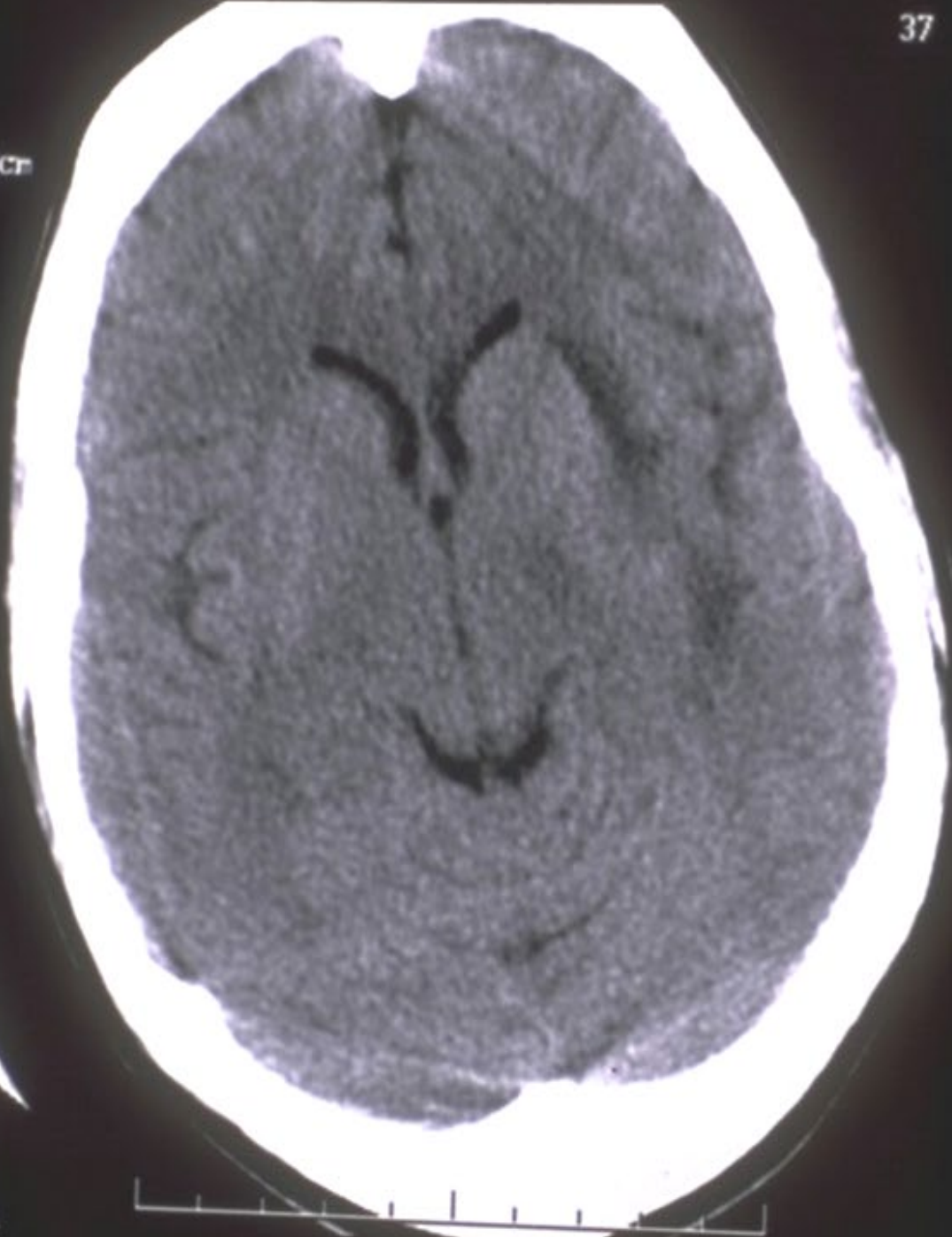
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37 F

At

21.0cm

I/I



POST CT

0

0

Head

cm

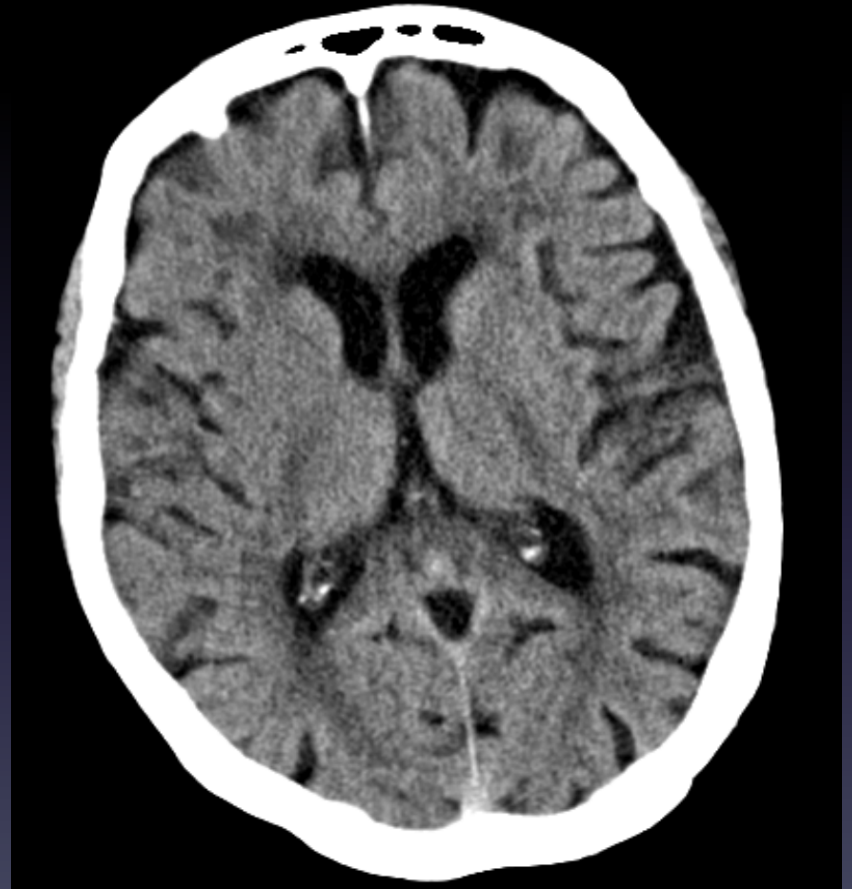
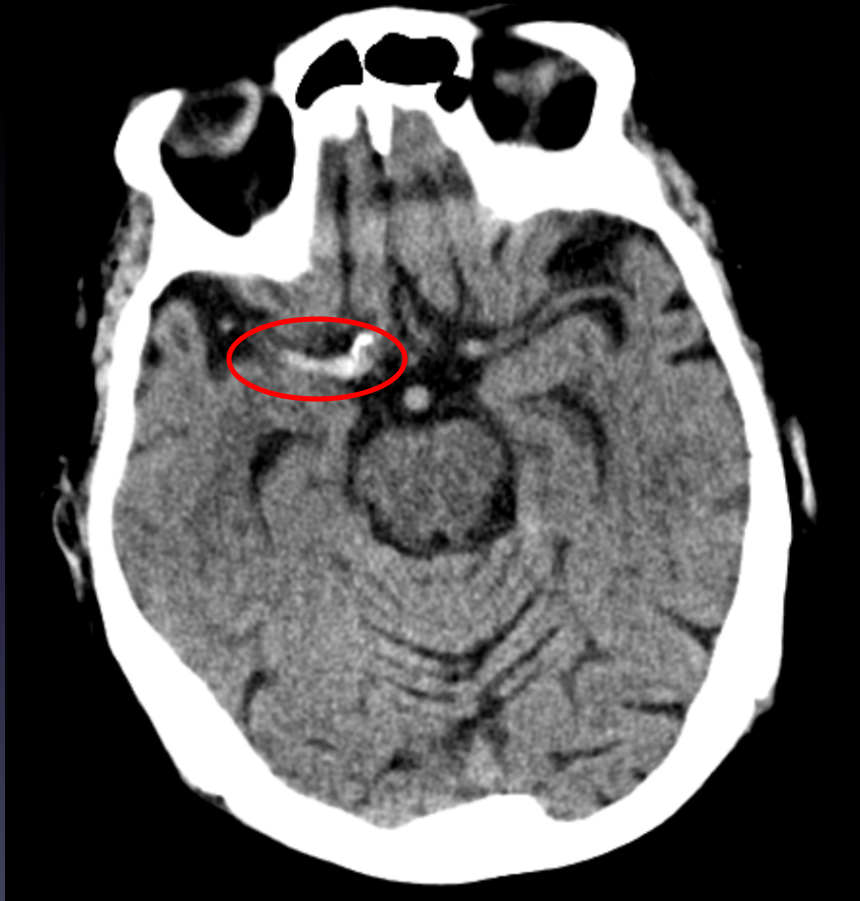
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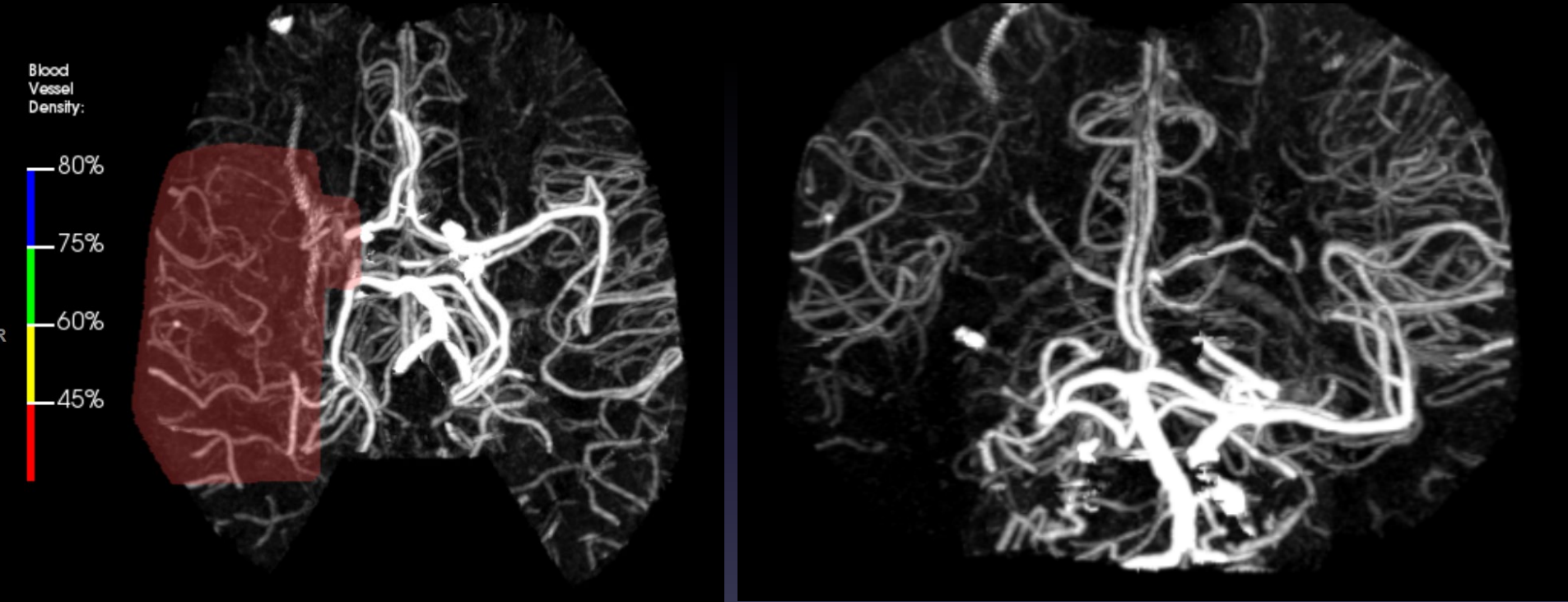
Case 2

- 87-year-old female with known atrial fibrillation, off Coumadin for minor surgical procedure (cause?)
- Wakes up with acute stroke symptoms including dysarthria, diplopia, ataxia, and right upper extremity weakness. NIHSS 25
- Woke up with symptoms

NCCT

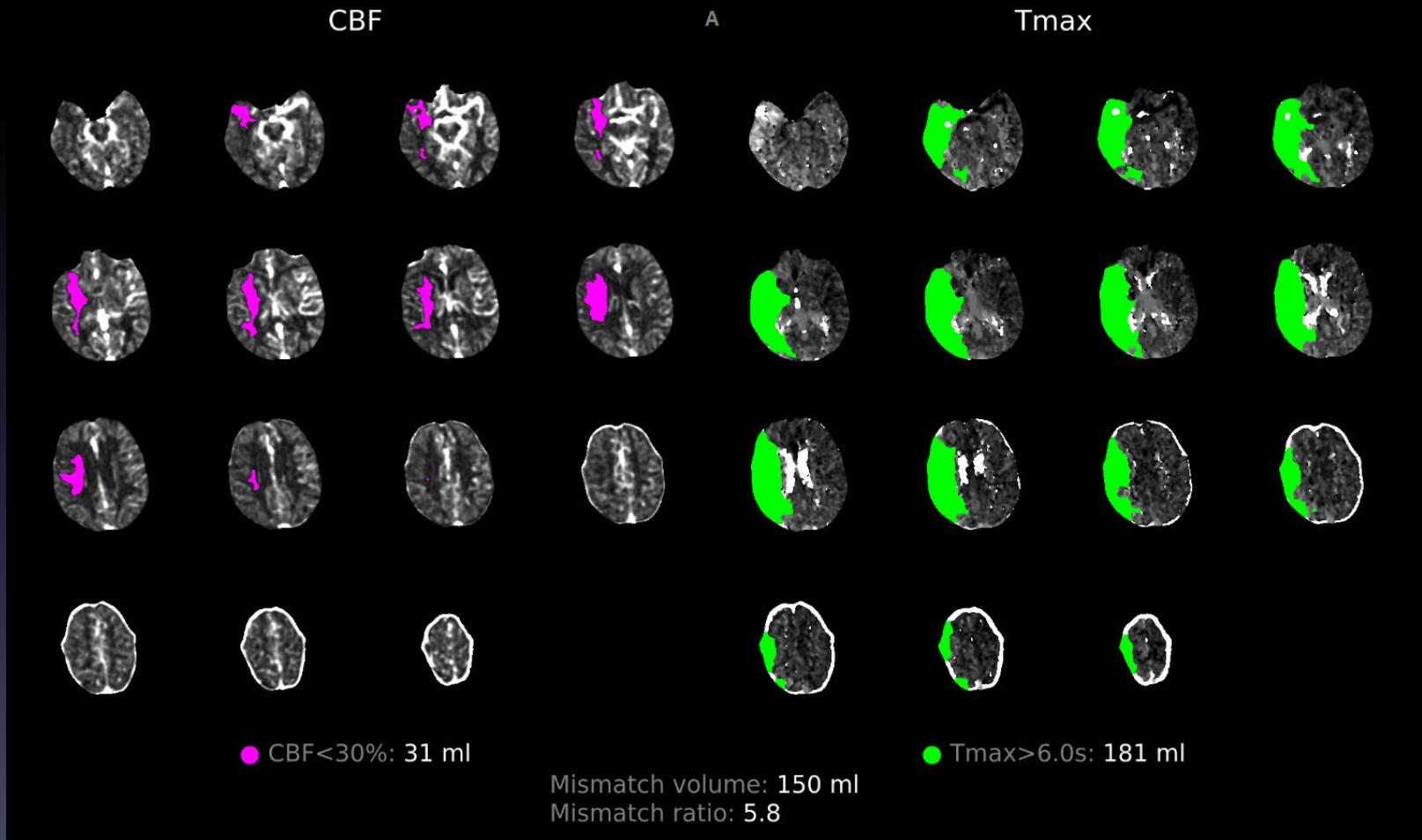


CTA



RIGHT ICA OCCLUSIONS

CT Perfusion



LARGE PERFUSION MISMATCH

Lesional aspiration



PRE



POST

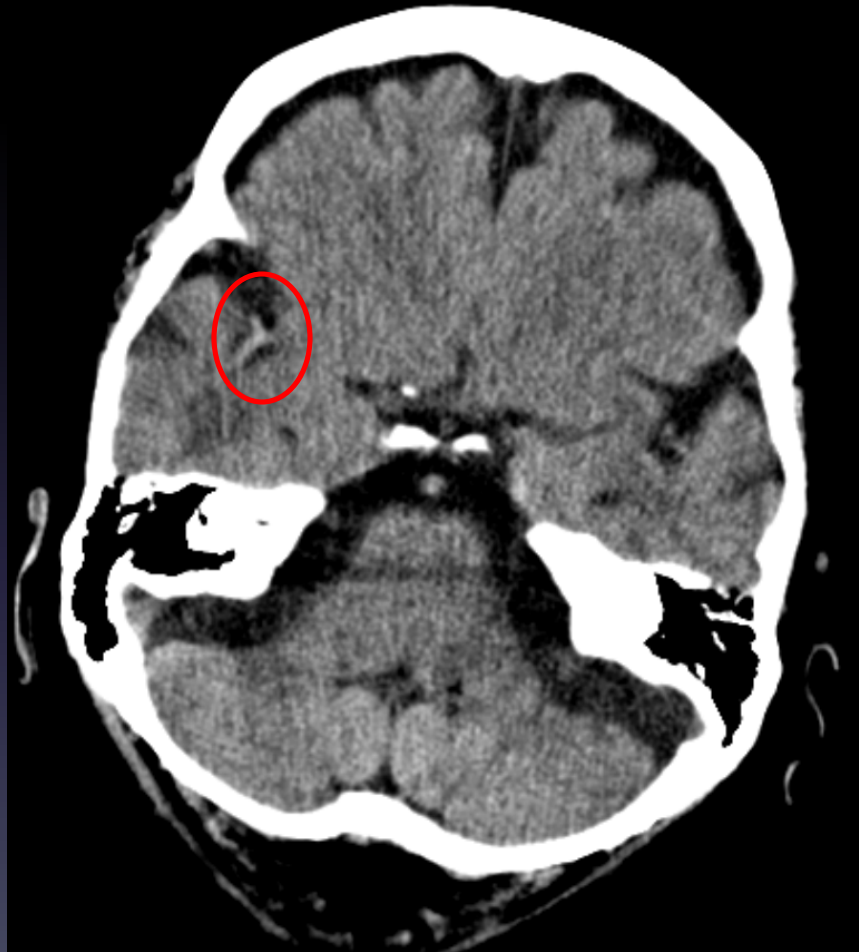
Lesional aspiration



Case 3

- 60-year-old female with HTN, DM and heavy smoker
- Heartbeat was irregular on examination
- Sudden onset left sided weakness, hemispatial neglect forced and gaze to the right
- NIHSS 18
- 2 hours since symptoms began

NCCT



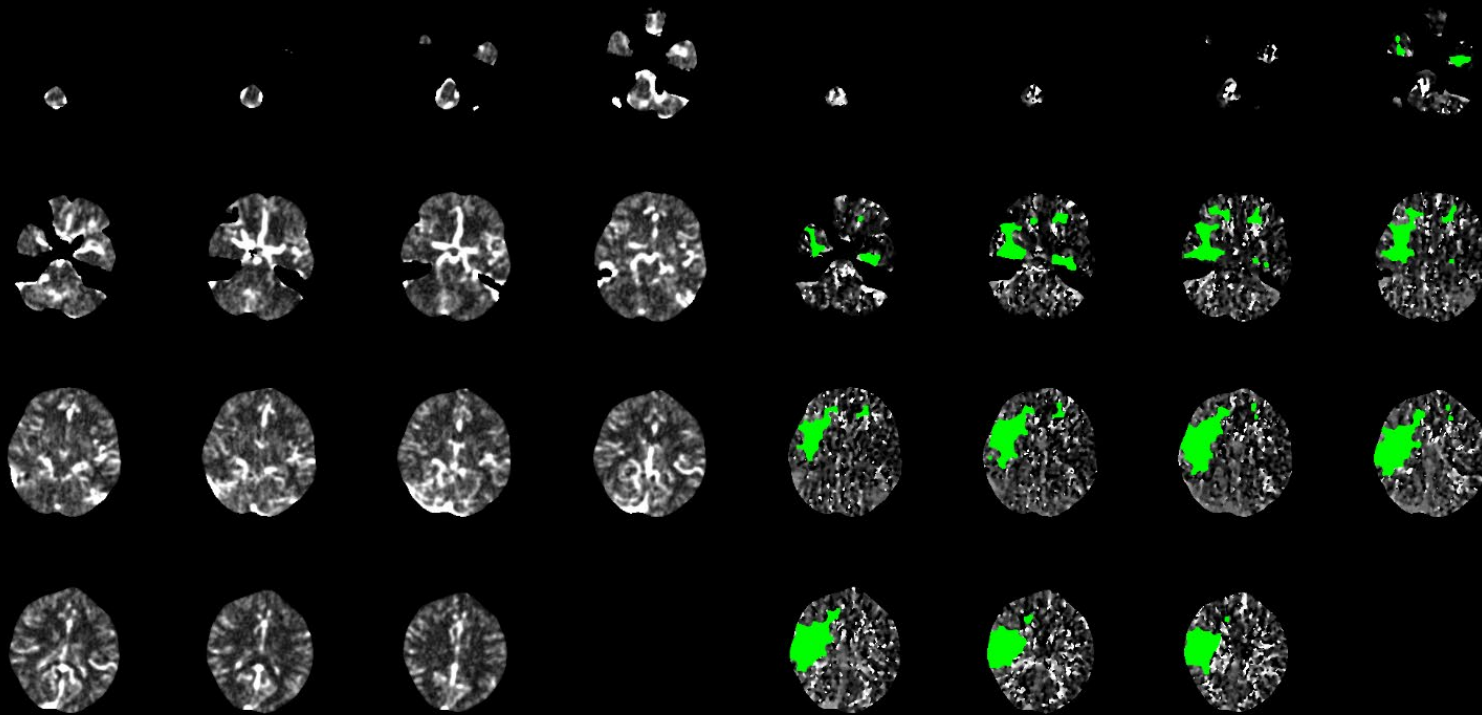
RIGHT M₁ OCCLUSION

CTP

CBF

A

Tmax



● CBF < 30%: 0 ml

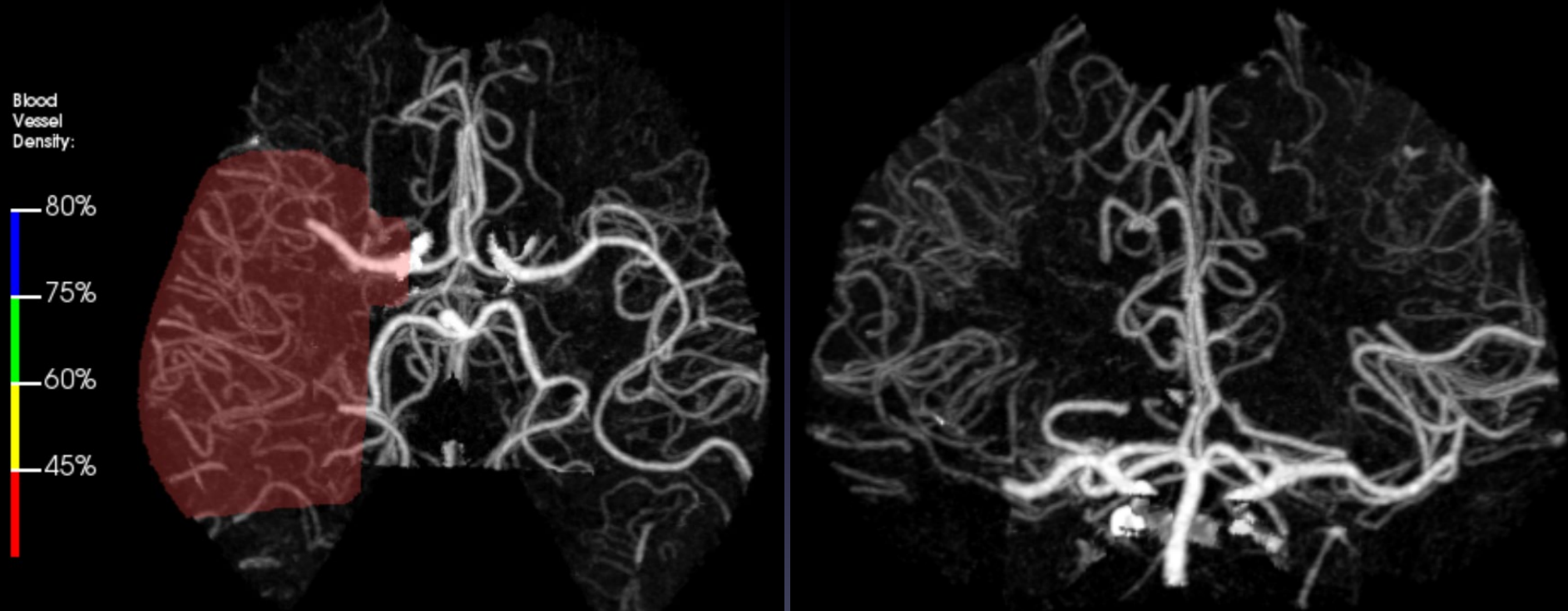
● Tmax > 6.0s: 86 ml

Mismatch volume: 86 ml
Mismatch ratio: infinite

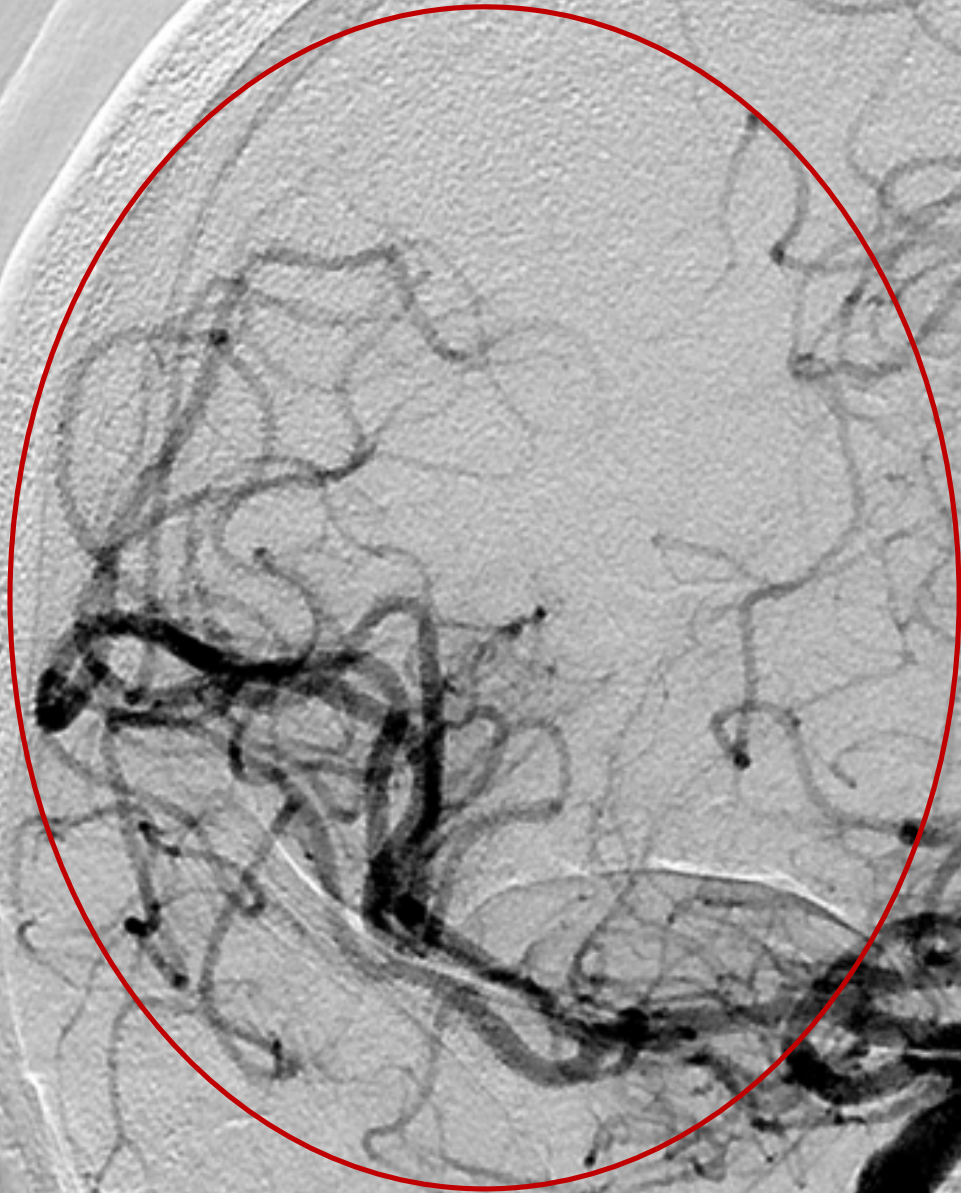
PARIS

PERFUSION MISMATCH

CTA



RIGHT M₁ OCCLUSION

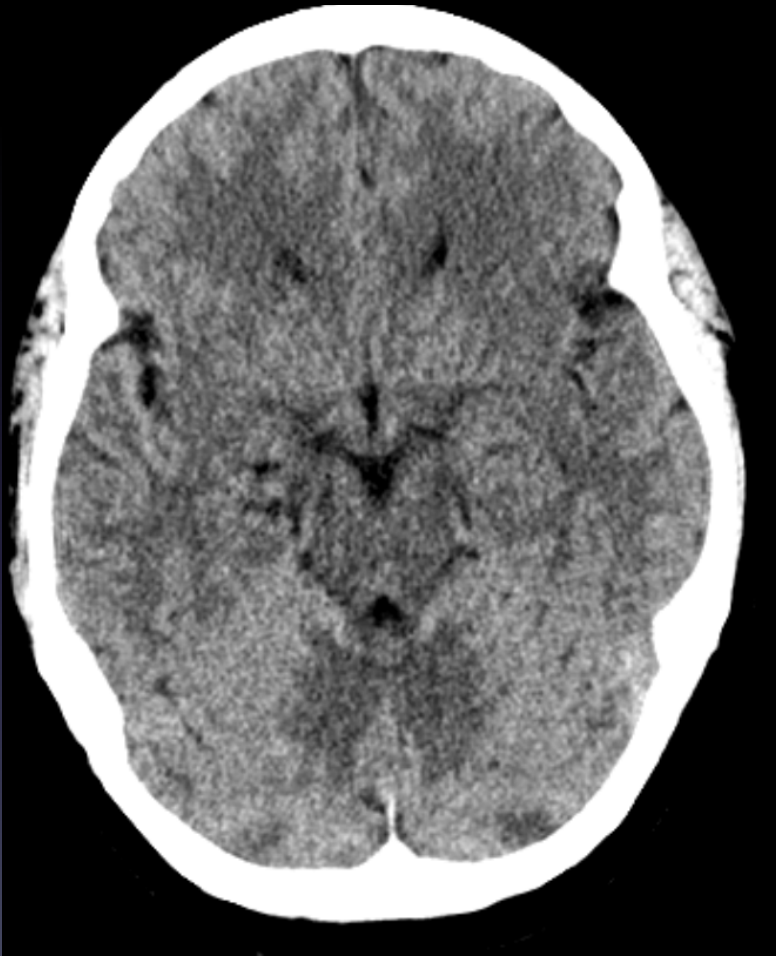


THE DARK SIDE.....

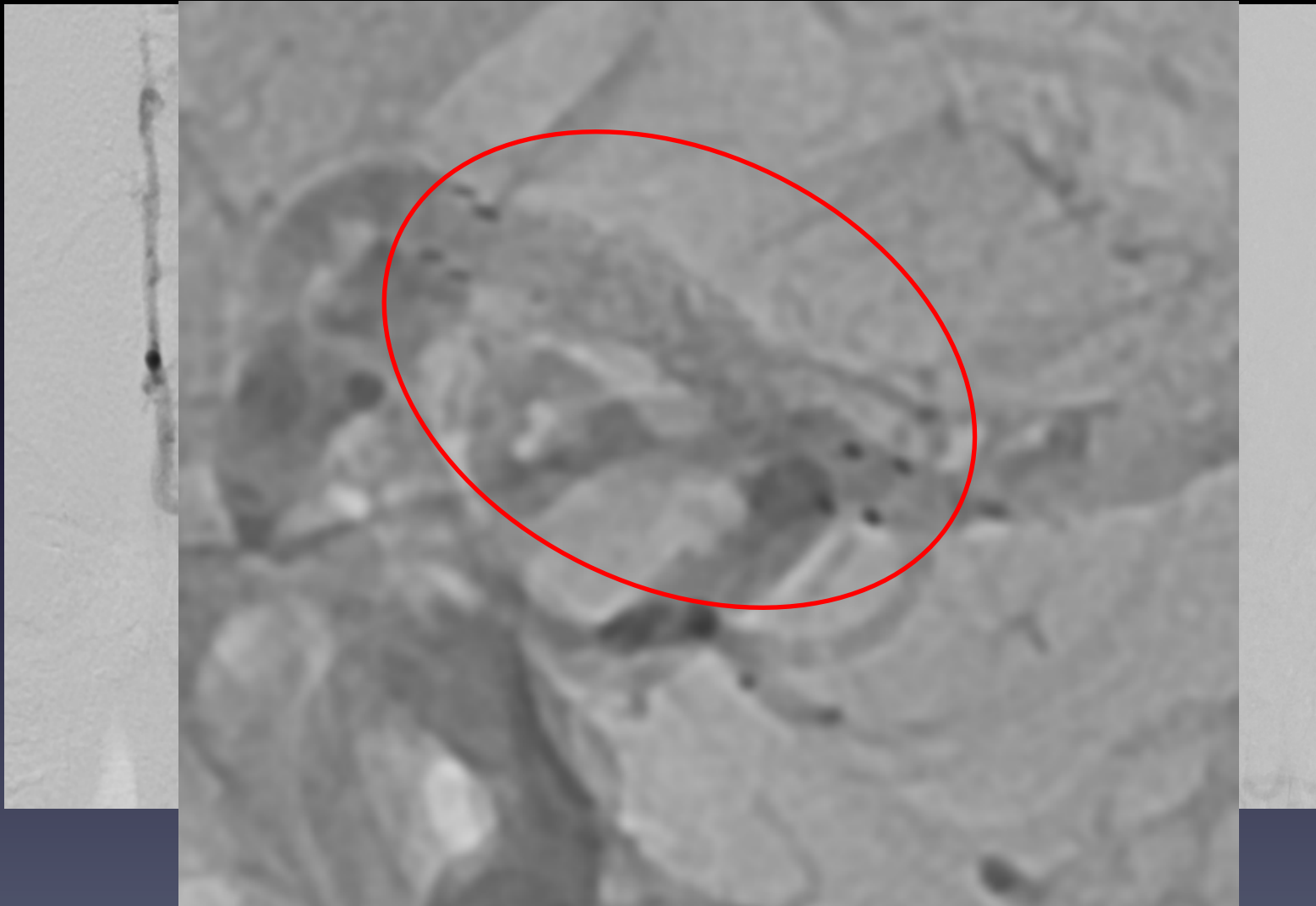
Reperfusion injury



Vessel Perforation



Cannot keep the vessel open



New frontiers

- 1- Idea of salvageable brain taking over for ridged time windows with advanced imaging
- 2- Benefit for revascularization even in large core infarcts
- 3- Advances in device technology and technique allows for opening smaller size vessels (MEVO, DEVO) with good outcome

FAST Criteria

If you suspect a stroke, think F.A.S.T

F-Facebook announcement with your suspicions.

A-Ask for thoughts prayers

S-Search google for your symptoms

T-Try lavender oils.

KEY points- RAP

RECOGNIZE

- Fast criteria
- Can happen to anyone!!
- Look out for others

ACT

Time is brain

PREVENT

Modify risk factors

Stroke – there's treatment if you act FAST.



F *Face*
Face look
uneven?



A *Arm*
One arm
hanging
down?

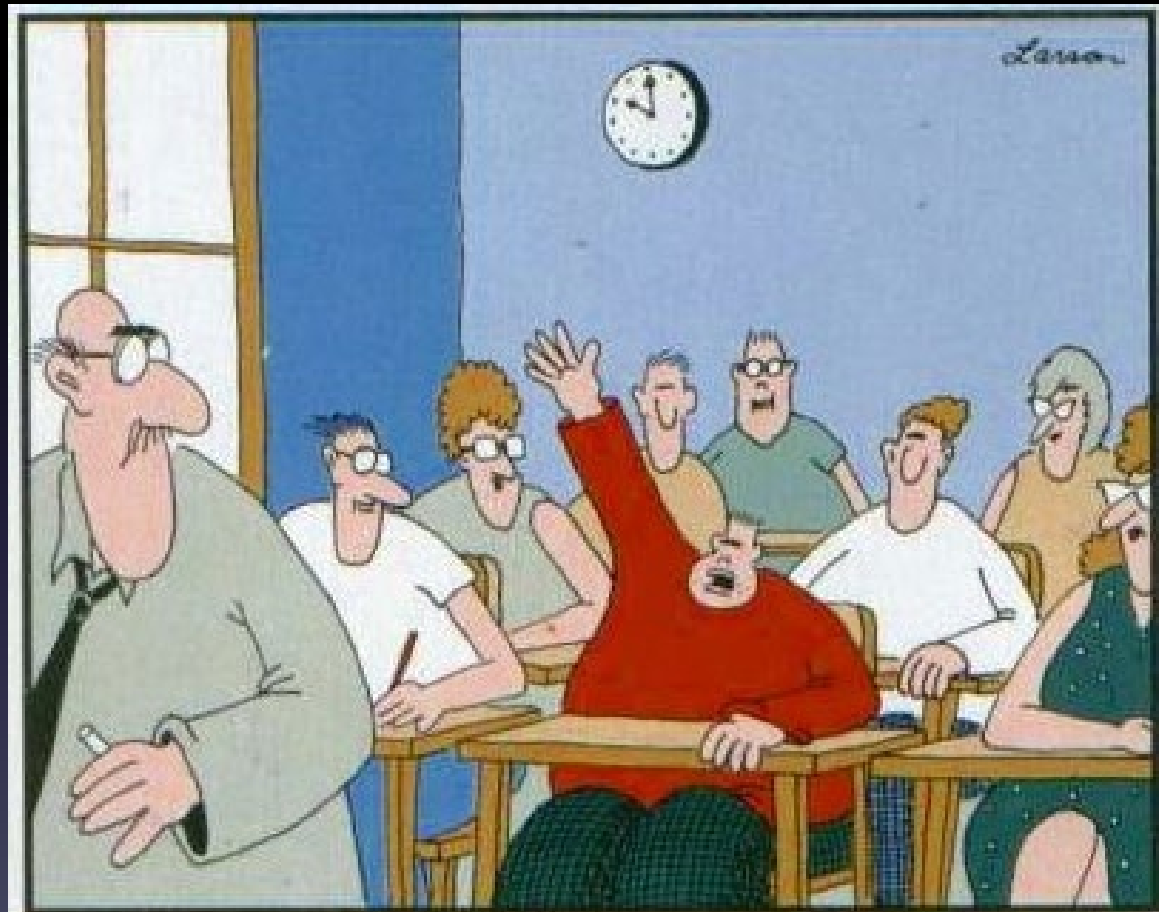


S *Speech*
Slurred
speech?



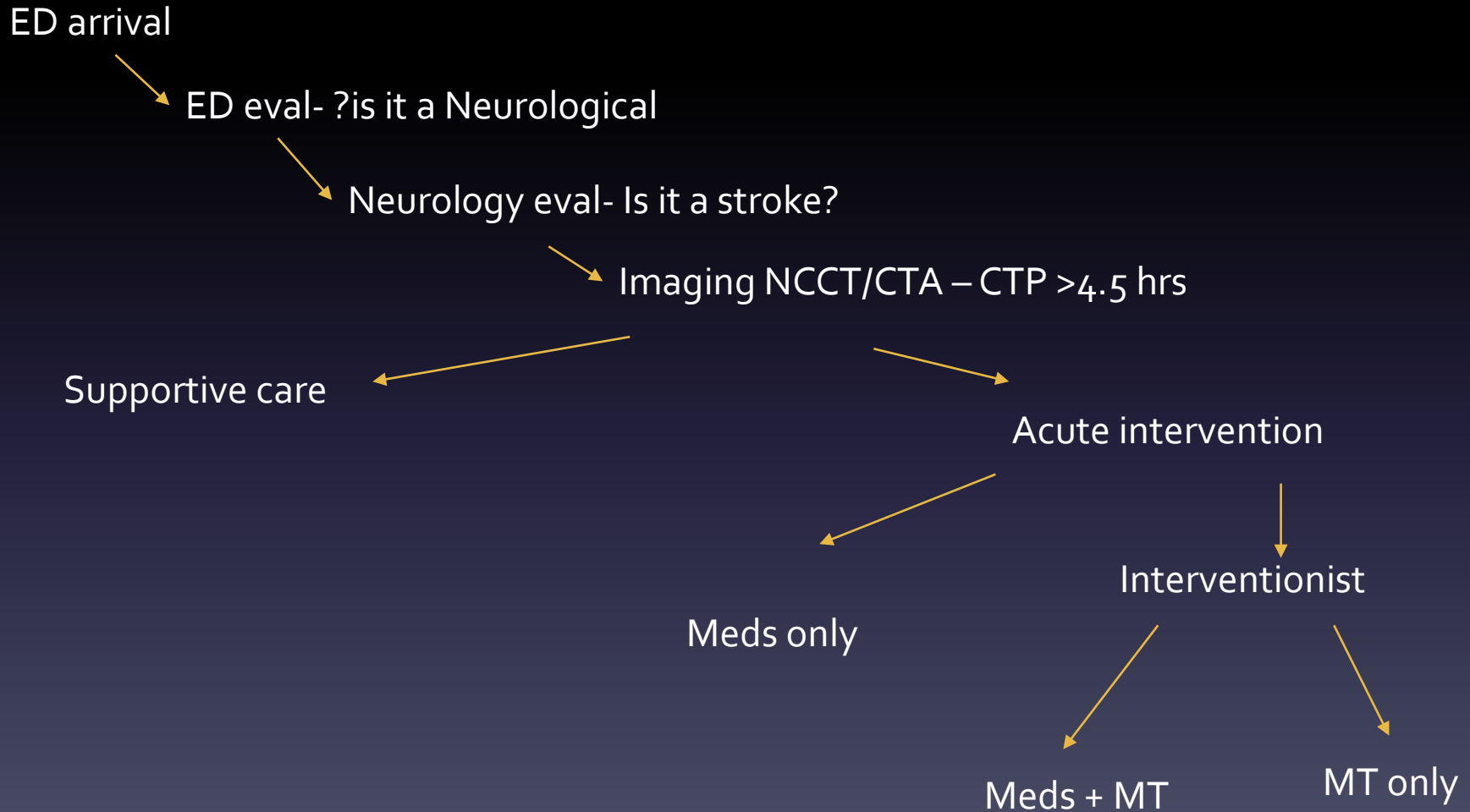
T *Time*
Call 911
NOW!

????QUESTIONS????



**"Mr. Osborne, may I be excused?
My brain is full."**

Journey from door to recanalization



Clinical Decision Making



RISKS

Bleeding
Accessibility
Little penumbra
Pt wishes/baseline fct



BENEFITS

Outcome
Bad natural hx stroke
Reasonable penumbra
Pt wishes/baseline fct