



DELAWARE  
ACADEMY of  
MEDICINE



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In this newsletter:

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## WordSmith

October is Breast Cancer Awareness Month.

Don't get me wrong, it's great that we have an entire month dedicated to raising awareness about breast cancer – the Academy/DPHA highlights the monthly awareness calendars on our website. But let's not forget the person to whom those breasts are attached.

Is she getting the preventative care she needs in other aspects of her life? Is she seeing her primary care physician and getting her vaccines? Is she visiting her OB/GYN and getting her pap smear? Is she living with other chronic diseases that may need to be checked on? Is she eating a diet rich in fruits and vegetables and whole grains? Is she drinking enough water? Is she performing enough exercise? Is she getting enough sleep?

Having an entire month devoted to important causes is a great idea, but it breaks us down into parts. Breasts. Cervixes (cervixii?). Lungs. Hearts. Colons. Hair. Testicles. All have months devoted to raising awareness and getting screened. We have months devoted to types of cancers, rare diseases, and common ones.

But I urge you, during this and every awareness month, to look at the whole picture. The whole patient.

Recently, healthcare has begun to update the language we use. Patients are no longer "diabetics," but "people with diabetes." We don't have "cancer patients," but "patients with cancer." Someone out there realized that person first language is important. We are more than the sum of our parts. We are more than our disease.

Yes, cancer screening is important, but public health is also making sure a patient got her flu shot, or her pap smear, or had her glaucoma checked, or her colonoscopy. Public health is knowing she has transportation to the doctors' office, or childcare so she can go to an appointment, or can afford her prescriptions. Public health is all of these things, not just a pink (or orange, or teal, or blue) ribbon.

So, get that mammogram if you haven't yet, ladies. But also take care of the rest of you. You're more than just your parts.



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Kate Smith, MD, MPH  
Program Manager & Clinical Liaison,  
Delaware Academy of Medicine/Delaware Public Health Association

## Delaware Mini Medical School

2023 Fall Session

**NOW OPEN FOR REGISTRATION!**

**First session THIS Wednesday 10/4**



Upcoming

Events

Delaware Mini Medical School

Fall 2023 Session

October 04

October 11

October 18

October 25

November 01

November 08

Women's Health

Hazel Morales-Ayala, CHW & Cynthia Concepcion-Alston, CHW

Physical Therapy

Colin Burke, DPT

Dentistry

Joe Kelly, DDS

Neurology

Lee Dresser, MD

Family Medicine

Margot Savoy, MD, MPH

Heart/ Circulatory Health

Chris Otto, MSN, RN, CCRN

6:30PM-8:00PM

To register:

[delawareminimed.org](https://delawareminimed.org)

To register go to our website, or click [here](#) to be redirected.

## Other Events

### APHA's 2023 Annual Meeting and Expo

Creating the Healthiest Nation: Overcoming Social and Ethical Challenges



APHA 2023

ANNUAL MEETING & EXPO  
ATLANTA | NOV. 12 – 15

CREATING THE HEALTHIEST NATION  
OVERCOMING SOCIAL & ETHICAL CHALLENGES

The 2023 Annual Meeting and Expo is being held on November 12-15, 2023, in Atlanta, GA! Join fellow public health experts for four days of inspirational speakers, thought-provoking panel discussions, expert leadership advice, and networking opportunities.

[Register Here](#)

The Academy/DPHA will once again be hosting a dinner for Delawareans at the meeting. Sunday, November 12, from 6:30-8:30 pm

[Please let us know if you'd like to join us!](#)

## Delaware Lead Poisoning Prevention Conference

# Delaware Lead Poisoning Prevention Conference

Celebrate National Lead Poisoning Prevention Week



Wednesday, October 25, 2023 | 9:30 a.m. to 1:30 p.m. | [Register Today](#)



## Course Overview

During this 4-hour virtual conference, we will explore the impact of pediatric lead exposure in Delaware and the role that health care professionals play in prevention, detection, treatment, and mitigation.

After this session, health care professionals will be familiar with updated legislation, resources available from the state, and the use of point-of-care machines for efficient lead testing.

## Panel Speakers

**Dr. Jessica Rohde, MD** – Pediatrician, Childhood Lead Poisoning Prevention Advisory Committee Member

**Kurt Olinger, Administrator**- DHSS Office of Healthy Environments

**Adam Binder\***, Representative for Meridian BioScience- LeadCare Point-of-Care Analyzer

...and more!

## Conference Objectives

- Define the health care provider's role in the prevention, detection, treatment, and mitigation of pediatric lead exposure.
- Describe the services offered by the DE Division of Public Health Lead Prevention Program for patient and provider support surrounding elevated blood lead levels.
- Demonstrate lead testing and reporting at appropriate intervals based on updated DE legislation.
- Develop a workflow to implement point-of-care lead testing within the pediatric primary care setting.

**NO-COST CME:** The CAMC Health Education and Research Institute designates this Internet enduring material activity for a maximum of 3.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. In support of patient care, this activity has been planned and implemented by the CAMC Health Education and Research Institute and the Quality Insights. CAMC Health Education and Research Institute is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

The planners and the faculty for this activity or enduring material have no relevant financial relationships with ineligible companies to disclose. Quality Insights has no disclosures.

\*Only this presentation does not have CEs/CMEs related to a financial relationship.



If you have questions, email [Anna Gurdak](#).

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DELAWARE HEALTH AND SOCIAL SERVICES  
Division of Public Health



*The CAMC Health Education and Research Institute designates this Internet enduring material activity for a maximum of 3.0 AMA PRA Category 1 Credit(s)™.*

Scan the QR code, or click [here](#) to register.

## Become a Member and Stay Connected!

Want to become a member?

# Join today!



[OR CLICK HERE](#)

# Additional Resources

Delaware Division of Public Health - [The DPH Bulletin](#)  
Trust for America's Health: Wellness and Prevention Digest - [Subscribe](#)

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